Street-O - A Newcomers' Guide (1)

Format

See how many of the locations marked on the map you can visit and get back to the start within 45 minutes. You start off individually (or as a pair/group if you prefer) any time between 1900 and 1915-ish. No prebooking required – just turn up. Events occur weekly from Easter to September, across Hertfordshire.

What you need

<u>Map</u> (we'll provide). Magnetic North is always up. The start/finish is a magenta triangle. Locations to visit are marked as numbered circles. The map is based on OpenStreetMap mapping so isn't always perfect.

Solid lines – roads

Dashed lines – tracks/paths

Green areas – woodland

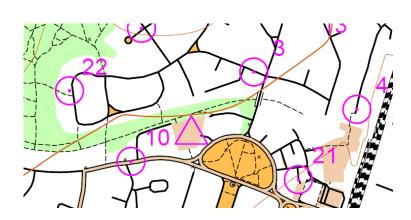
Yellow areas – open land

Salmon areas – hardstanding

White – everything else. Assume no access

unless clear on the ground

Magenta – other restrictions – ask!



<u>Clue sheet</u> (on the map or on the reverse). For each location an item there is described – mark the correct detail. This is so that <u>you</u> know you were in the right place – we're not going to check

No	Description	Answer		
3	Postbox	264	164	144
4	Lamp post No	17	11	21

your answers! Things change and mistakes are made so if you can't find the item, move on.

Pen – so you can answer the questions

Watch – so you know how long you've been going for...

Timing unit (records start and finish time) – we'll provide, but if you have an SI dibber please bring it.

Compass – not essential but helps if you get completely disorientated.

Safety

By far the most serious risk is of a traffic accident. Therefore we can't allow unaccompanied under-16s, and you must take care when crossing roads. We carefully assess these risks and avoid identified hazards but you are responsible for your safety. Please listen to (or read) any safety information the organiser provides.

You MUST report back to the start, even if you give up. We need to know that everyone is safely back before we can close down the event.

Street-O – A Newcomers' Guide (2)

Event details and results

Event details and results are all available from https://www.herts-orienteering.club/

Scoring is straightforward – you get 10 points for every location you visit, and -10 points for every minute or part-minute taken over 45 mins.

Street-O Hints and Tips

<u>Running</u>, jogging or walking are all OK. Courses are designed to be accessible to all so don't worry about speed if that's not your thing.

Keep an eye on the time, you need to get back to the start! It's a good idea to see how far you are after 15-25 minutes then decide whether to be more or less ambitious.

Events are designed so that the best people in our club might or might not get to all the locations in the time. So don't expect to get to them all.

Before you run off from the start take a moment to look at the map and <u>roughly plan your route</u>. Ideally you want to visit clusters of locations that are a short running distance apart.

If there are <u>rivers or railway lines</u> on the map, look to see where the bridges are – you don't want to be stuck on the wrong side.

Near the end of your route, keep an eye open for <u>short cuts</u> to get you back quickly if you're running out of time. It's very easy to spend 2 or 3 minutes visiting one location, scoring 10 points but losing 20 or 30.

<u>Have fun!</u> These events are informal and light-hearted. No matter how well you do this time, take pride in being able to think, read and run at the same time.

Add your route to Routegadget (https://www.happyherts.routegadget.co.uk/rg2/) — either manually or by uploading a track from a GPS watch. You can compare route choice with others and see where you can improve.