

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

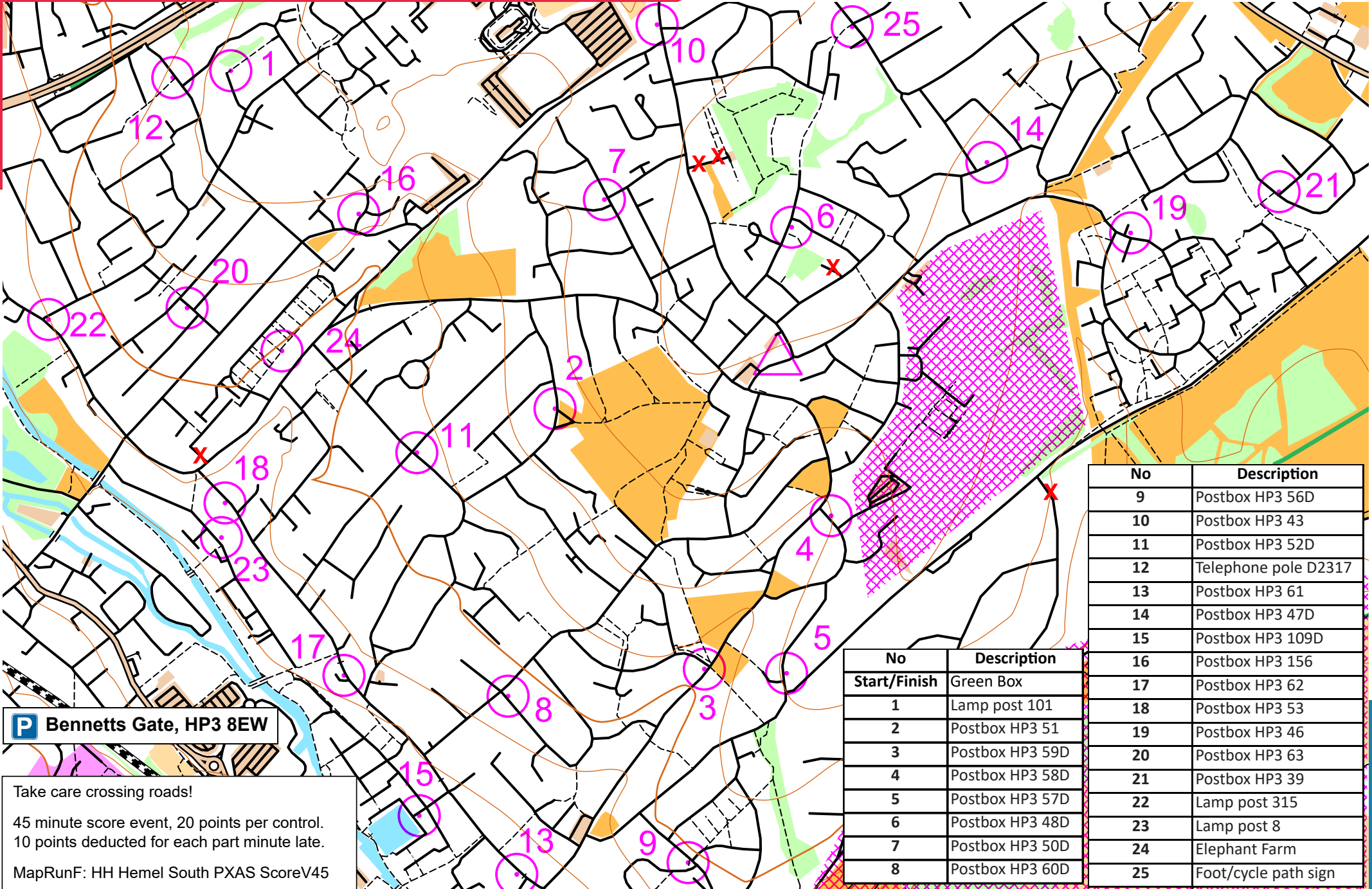
- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



HEMEL HEMPSTEAD SOUTH

scale 1:10000, contours 10m
500m



P Bennetts Gate, HP3 8EW

Take care crossing roads!
45 minute score event, 20 points per control.
10 points deducted for each part minute late.
MapRunF: HH Hemel South PXAS ScoreV45

No	Description
Start/Finish	Green Box
1	Lamp post 101
2	Postbox HP3 51
3	Postbox HP3 59D
4	Postbox HP3 58D
5	Postbox HP3 57D
6	Postbox HP3 48D
7	Postbox HP3 50D
8	Postbox HP3 60D

No	Description
9	Postbox HP3 56D
10	Postbox HP3 43
11	Postbox HP3 52D
12	Telephone pole D2317
13	Postbox HP3 61
14	Postbox HP3 47D
15	Postbox HP3 109D
16	Postbox HP3 156
17	Postbox HP3 62
18	Postbox HP3 53
19	Postbox HP3 46
20	Postbox HP3 63
21	Postbox HP3 39
22	Lamp post 315
23	Lamp post 8
24	Elephant Farm
25	Foot/cycle path sign

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OOM created by Oliver O'Brien. Make your own: <http://oomap.co.uk/>