## **Participant Pre-read**

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide: <u>https://www.herts-orienteering.club/uploads/wiki/DIYO-guide.pdf</u>

## **Run responsibly**

You should abide by British Orienteering's Covid-19 Code of Conduct, particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

https://www.herts-orienteering.club

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5/г 1	Name of Solar Farm	Swanland Road	- F			, (		26	1	
.2	How many Old Tyre Stepping Stones		- /		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	1	$\langle \rangle$			
3	How many Bridge Arches	3						( TY		
4	Who is the Site Manager	Luke Owers	12	Name of Private Estate	Rydal Mount					
5	House Name of number 57	Serendipity	13	Year of Garden of Remembrance	1986	20	What is number 109 fixed to	Lamp Post		
6	Which Church Which Footures on Triangle	Evangelical Free	14	Company Name on Green Box	Royal Mail	21	House Name of number 47	Marantha		
7 8	Which Features on Triangle Name of House	Tree;lamppost;t'graph pole Bridgefoot	15 16	Which Church House Name of number 159	Church of England Springfield	22 23	Name of Park Whose Garden of Remembrance	Parkfield Prisoners of War	25	
9	Which Worshipful Company	Brewers	17	Road Name	Oakfield Close	23	Name of Park	Willow Way		
10	Name of House	Dugdale	18	How many People lost their Lives	Seven	25	What is the Gradient	1:200		
11	SubStation Name	Elmfield	19	Who was 'Reg'	J.R. Crawley		Which Features on Triangle	Tree;Seat;Lamppost		

Map data (c) OpenStreetMap, available under the Open Database Licence. Contains OS data (c) Crown copyright & database right OS 2013-2017. OOM created by Oliver O'Brien. Make your own: http://oomap.co.uk/ **OOM v3 developed with a grant from the Orienteering Foundation** Map ID: 5f2edf4bcead9