

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



HODDESDON

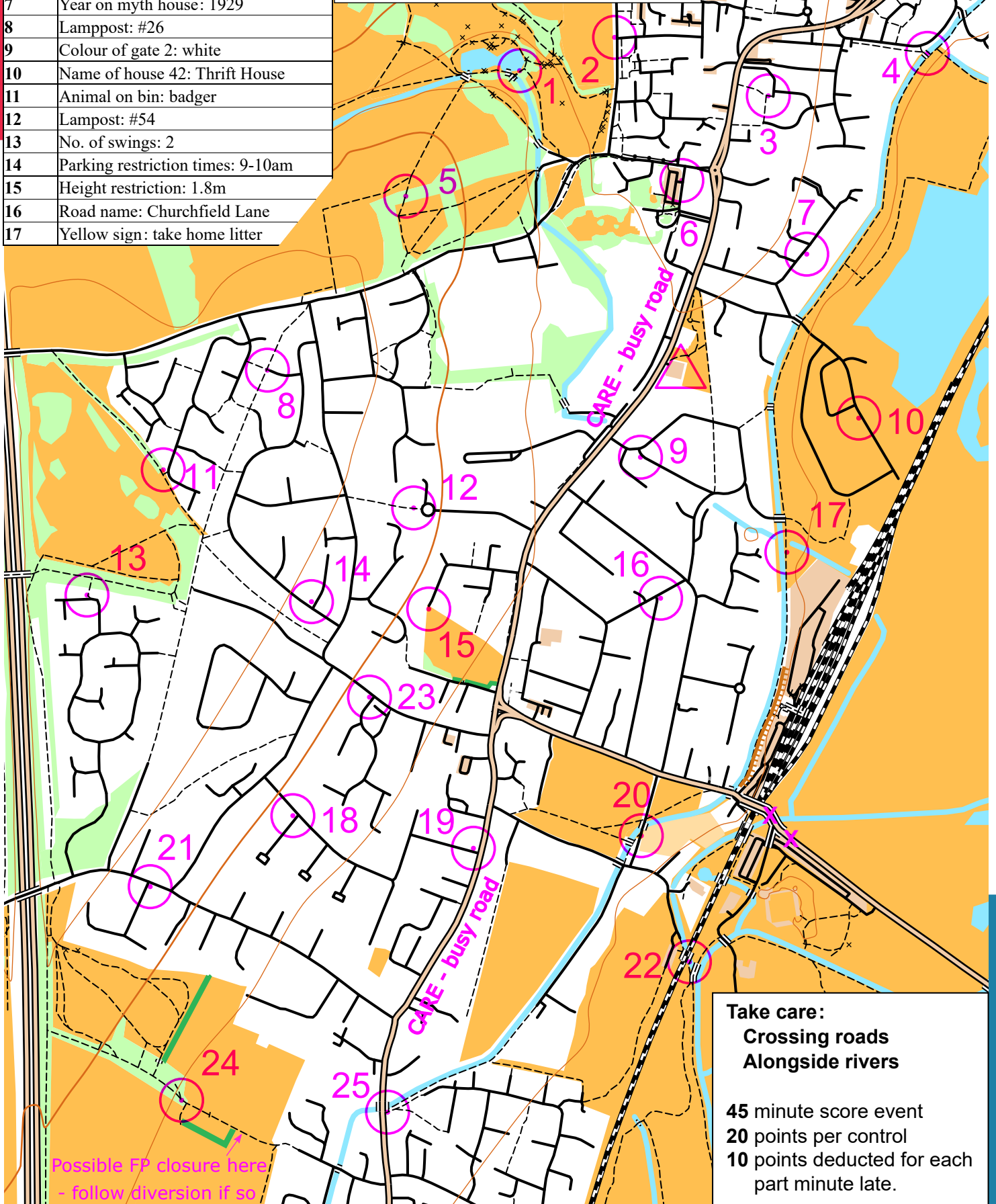
scale 1:10000, contours 10m
500m



No	Description	No	Description	No	Description
1	Sign: restoration of Barclay Park	18	Name of close: Roslyn	22	Bridge number: BGK/1425
2	Name of sports ground: Lowfield	19	Postbox: EN10 123	23	Lamppost #: P1
3	No permitted: ball games	20	Name on blue sign: St Augustines's	24	Number of arrows: 7
4	Colour of bridge: Green	21	Spaces on bench: 3	25	Age of river: New

5	Beware of: bull
6	Height restriction: 1.83m
7	Year on myth house: 1929
8	Lamppost: #26
9	Colour of gate 2: white
10	Name of house 42: Thrift House
11	Animal on bin: badger
12	Lamppost: #54
13	No. of swings: 2
14	Parking restriction times: 9-10am
15	Height restriction: 1.8m
16	Road name: Churchfield Lane
17	Yellow sign: take home litter

MapRunF: HH Hoddesdon PXAS ScoreV45
Start/finish: East end of middle island of car park



Map data (c) OpenStreetMap, available under the Open Database Licence.
 Contains OS data (c) Crown copyright & database right OS 2013-2017.
 OOM created by Oliver O'Brien. Make your own: <http://oomap.co.uk/>