

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



HARPENDEN EAST

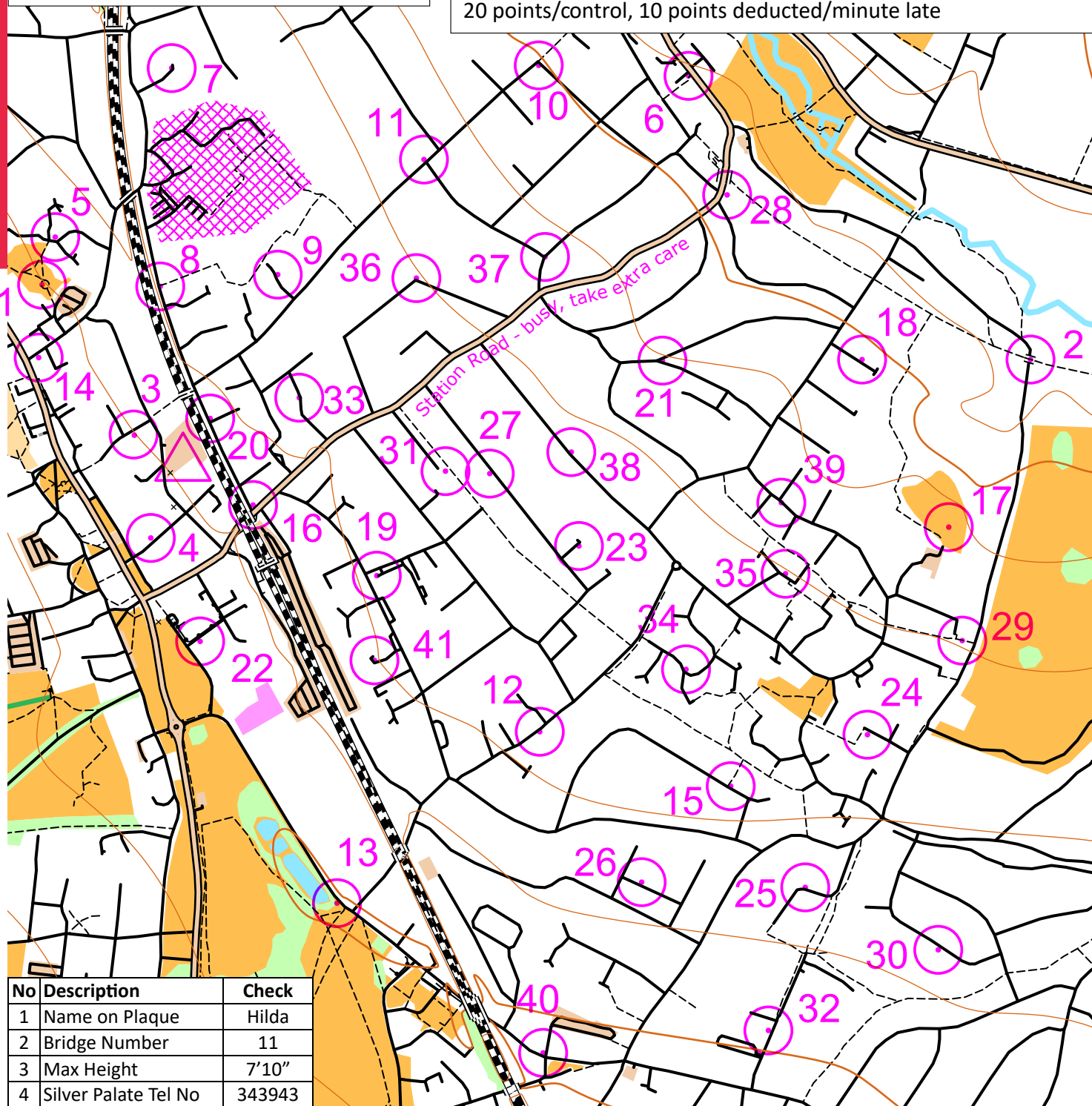
scale 1:10000, contours 10m
500m



Start/finish:

Tree in middle of South edge of car park

Please take care crossing all roads, especially Station Road.
You have 45 minutes – confirm the description check is correct
20 points/control, 10 points deducted/minute late



No	Description	Check
1	Name on Plaque	Hilda
2	Bridge Number	11
3	Max Height	7'10"
4	Silver Palate Tel No	343943
5	Grit Box Number	0478
6	Road name ? Mews	Mallard
7	Telegraph Pole	808
8	Footpath Number	20
9	H sign	21
10	Telegraph Pole	523
11	Postbox	133D
12	H Sign on lamppost	18
13	Lamppost	315
14	Postbox	196
15	Telegraph Pole	631
16	Bridge No. (NE side)	118A
17	Telegraph Pole	2A

No	Description	Check	No	Description	Check
18	Telegraph Pole	294	30	Green Box	21
19	Grit Box Colour	Green	31	Door colour from path	Green
20	Lamppost No.	4	32	Green Box	01
21	Telegraph Pole	266	33	Telegraph Pole	233
22	H sign	75	34	Green Box	28
23	Telegraph Pole	764	35	H Sign	4
24	H Sign on lamppost	6	36	Club Telephone No.	462529
25	No. 14 Door	Red	37	Lamppost	2
26	House Sign (No 26)	SW6	38	Telegraph Pole	230
27	No. 42 Door	Blue	39	Grey Sign	SV 4
28	Lamppost	140	40	Lamppost	328
29	House Sign	G51	41	H Sign	51

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