

Forthcoming HH events  
Chair's Chat  
Unmissable events webinar  
Planning courses  
Yvette Baker Trophy Finals

World Cup Round 2  
Canterbury City Race  
SE Sprints  
GLOSS  
Street-O

Lucky for some  
Meet the committee  
Chipperfield photos  
Incentive Awards  
Captain's Niche





## Forthcoming HH events

Date	Event	More Info
<b>Tue 2 Jun 26</b> 19:00 - 20:00	<b>Street-O Evening Score – Baldock</b>	<a href="#">Event Details</a> <a href="#">Location</a>
<b>Tue 9 Jun 26</b> 19:00 - 20:00	<b>Street-O Evening Score – Welwyn Garden City East</b>	<a href="#">Event Details</a> <a href="#">Location</a>
<b>Tue 16 Jun 26</b> 19:00 - 20:00	<b>Street-O Evening Score – St Albans NE</b>	<a href="#">Event Details</a> <a href="#">Location</a>
<b>Sat 20 Jun 26</b> 10:00 - 16:00	<b>Introduction to Planning course</b> For all prospective planners.	<a href="#">Event Details</a> <a href="#">Location</a>
<b>Tue 23 Jun 26</b> 19:00 - 20:00	<b>Street-O Evening Score – Rickmansworth</b>	<a href="#">Event Details</a> Location TBC
<b>Tue 30 Jun 26</b> 19:00 - 20:00	<b>Street-O Evening Score – Letchworth</b>	<a href="#">Event Details</a> Location TBC
<b>Sat 4 Jul 26</b> 10:00 - 12:30	<b>Yvette Baker Trophy – Final</b> National competition for Juniors	<a href="#">Event Details</a> Location TBC
<b>Sat 4 Jul 26</b> 10:00 - 12:45	<b>Croxley Moor / GLOSS</b> Beginners and newcomers welcome.	<a href="#">Event Details</a> Location TBC
<b>Sat 18 Jul 26</b> 10:00 - 12:00	<b>Club Training – Croxley Moor</b> Club members. Please confirm attendance with Alex in advance. <a href="mailto:training@herts-orienteing.club">training@herts-orienteing.club</a>	<a href="#">Event Details</a> Location TBC
<b>Sat 25 Jul 26</b> 10:00 - 16:00	<b>Advanced Planning course</b> Details TBA	<a href="#">Event Details</a> Location TBC

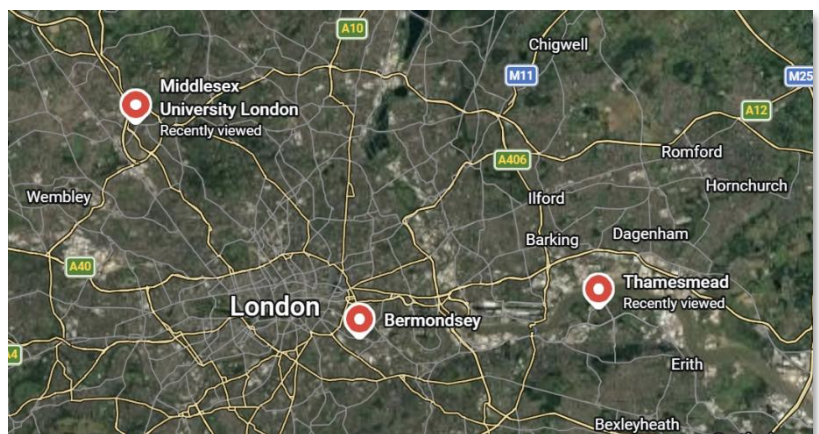
The full Street-O schedule is available on the [Street-O page](#).

## Editor's Spur

Alan Rosen [newsletter@herts-orienteing.club](mailto:newsletter@herts-orienteing.club)

Online algorithms work on the basis of 'you clicked on xxx...why not try yyy?'

So, if you enjoyed the Canterbury Weekend, make a note of the London City Race in Bermondsey (S of Tower Bridge) on Saturday 19 September, with sprints round [Middlesex University](#) (LOK) on the Friday evening and a double sprint on [Thamesmead](#) (DFOK) on the Sunday?



And if you didn't get to Canterbury (or didn't enjoy it!) the next algorithm says, 'you belong to HH and other members of your club will be enjoying the September weekend, so why not join them?'

If you haven't tried sprints and urban races, this weekend should be a great introduction. All very accessible by public transport.

Cover photo: David Dixon running in the Canterbury City Race Thanks to [Rob Lines](#)



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## Chair's Chat

*Ben Bardsley*

### Summer orienteering and extreme heat

The Street-O and urban season is well under way and the temperatures have risen. Summer orienteering can be very different to the traditional winter variety but still comes in many forms, from the recent bigger Canterbury 'standard' urban event to the 45-minute weekly Street-O (a great opportunity for a regular weekly run) to sprint events such as the recent SE Sprints at the University of Kent.

Congratulations to the HH runners who performed well in the punishing heat of those Canterbury and Sprint events, especially those who came away with medals at the sprints.



Those temperatures do beg a question though, which has come up at Street-O events in recent years leading to some events being cancelled, namely when is it too hot to run or for how long should one run in such temperatures? This assessment is increasingly common of course as extreme temperatures are experienced more frequently.

British Orienteering recently helped by sharing the IOF advice on heat-based risk assessment now also available in their resource library@

(<https://www.britishorienteering.org.uk/doc/policies-and-guidance/safety/iof-heat-policy>)

There is other guidance out there too. Kevin Parkes also shared this link with some similar heat-based guidance (<https://rrm.com/acsm-heat-guidelines/>). Other factors also to take into account are the demographics at orienteering events (typically many aged >60) and the difference in general fitness level between orienteers at IOF and local events.

What these links show is that extreme heat needs to be carefully assessed and is an important part of risk assessment for any Summer (or even late Spring) event.

### SEOA updates

I'd like to pass on some sad news from SEOA. The SEOA Chair, Sarah Brown, recently passed away after illness. Despite her illness, Sarah continued to chair SEOA committee meetings with great enthusiasm and good spirit and she will be missed in SE orienteering and beyond.

As a result, there is a vacancy as Chair of SEOA. If by chance any of you are interested in taking up this role, contributing to SE orienteering on a wider scale, especially if you are experienced in chairing meetings and keen to progress orienteering in the SE, then please contact HH member Alison Saunders who is the current SEOA secretary at [alison@saunders-online.net](mailto:alison@saunders-online.net).

Also on the SEOA front, SEOA is hosting **JK2027**. The website is already live (<https://www.thejk.org.uk>) and you will see there that HH's very own Mike Bennett and Helen Marsden will be Organising and Planning, respectively, the Middle event on Sat 27<sup>th</sup> March. This should also be the day that HH will be designated as helpers so pencil this in to your diary today.





There are a few roles supporting the JK should any of you be interested in taking up one of these roles and contributing to a successful event. Those are Equipment Officer, Prize-giving Coordinator (including sourcing Prizes), Merchandise Coordinator and Children's Activities Coordinator.

In addition, more generally, SEOA have two other roles they are seeking to fill: Communications Officer and Webmaster.

If you have interest in any of the above, then please let me know in the first instance at [chair@herts-orienteing.club](mailto:chair@herts-orienteing.club) and I'll point you in the right direction...

### South-East League (SEL) 2025/26 – Rounds 7 & 8 – Winterfold and Friston Forest

*Ben Bardsley*

The 2025/26 South-East League season has come to an end after the final two fixtures were held on consecutive weekends 4<sup>th</sup> and 11<sup>th</sup> May, hosted by SLOW (Winterfold) and SO (Friston Forest, respectively).

Neither event is particularly close for HH members, whereas they are for many of the SEOA clubs making these challenging for HH to achieve a good result. This was borne out with 5<sup>th</sup> and 6<sup>th</sup> places in the Division 1 results for the two events. Since these were the final two events of the current season, the resulting league table is also the final league table and as you see below, HH has finished in 4<sup>th</sup> place, just below SN. Well done to everyone who contributed to our results this year and thank you for helping us reach that 4<sup>th</sup> place finish.

If you are interested in how points are calculated, it is down to a complicated system based on a competitor's speed against their expected speed based on their age. The benchmark target for individuals is 100 points, which is difficult to achieve, and because it is speed-related, does not take into account the circumstances and challenge of each individual event. Therefore, it is perfectly possible for an event to happen with nobody achieving 100 points. For Winterfold and Friston Forest, only one HH runner achieved that benchmark at each event.

**Step forward Helen Marsden and Eliza Hermann.** Well done both!

#### Round 7: Winterfold

#### Round 8: Friston Forest Final 2025/26 SE League Table

Position	Club	League Score	Match Points
<b>DIVISION 1</b>			
1	SO	2631	6
2	SN	1818	5
3	SLOW	1847	4
4	MV	1161	3
5	HH	888	2
6	DFOK	703	1
<b>DIVISION 2</b>			
1	SAX	1027	7
2	GO	516	6
3	HAVOC	354	5
4	BAOC	341	4
5	LOK	315	3
6	CHIG	126	2
7	RAFO	0	0

Position	Club	League Score	Match Points
<b>DIVISION 1</b>			
1	SO	4249	6
2	DFOK	905	5
3	MV	892	4
4	SLOW	788	3
5	SN	763	2
6	HH	531	1
<b>DIVISION 2</b>			
1	SAX	605	7
2	HAVOC	510	6
3	LOK	415	5
4	GO	370	4
5	BAOC	296	3
6	RAFO	109	2
7	CHIG	0	0

Position	Club	Match Points	Position change
<b>DIVISION 1</b>			
1	SO	43	-
2	MV	33	-
3	SN	27	-
4	HH	25	-
5	DFOK	21	-
6	SLOW	19	↓ 1
<b>DIVISION 2</b>			
1	SAX	51	-
2	HAVOC	37	-
3	LOK	35	-
4	GO	32	-
5	BAOC	28	-
6	CHIG	22	-
7	RAFO	9	-



The provisional schedule for 2026-27 is starting to take shape and so that you can put these into your diaries, this is shared below. Note though that this is provisional and subject to change. You will note the lack of a current HH event. In 2027, HH will be hosting a round of the Compass Sport Cup and this will be the Ace of Herts. It is still being considered as to how HH can host a round of the SEL.

### 2026-27 South-East League Provisional schedule

22-Nov-26	SN	TBC
29-Nov-26	SAX	Bedgebury
6-Dec-26	CHIG	Epping
3-Jan-27	DFOK	South Ashdown
4-Feb-27	LOK	Holmbury
21-Feb-27	GO	Waggoners Wells
25-Apr-27	SLOW	Leith Hill & Pastures Wood
9-May-27	SO	Oldhouse Warren & Cowdray Forest

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## Keeping events safe and fair

*Hedley Calderbank*

The role of Controller is to act as ‘a second pair of eyes’ to check that the organiser and planner have planned the event in a way that is safe and fair for competitors and is in line with British Orienteering rules.

They will be experienced orienteers, but they do not have to be more experienced than the Organiser or be able to plan better courses than the Planner.

There are currently eleven qualified Controllers in HH. For big events such as the Ace of Herts, the Controller must be qualified and, in the interests of independence, belong to another club. Finding a Controller from another club to control the event or to serve on a jury has often been an Organiser’s nightmare. This should now be made easier by a register of Controllers on the British Orienteering website together with any constraints on their availability. This is at [Find A Controller](#)

A qualified Controller is not needed for smaller ‘Local’ events such as those in our Saturday Series. But in the early days of the Saturday Series, there were a few minor errors in planning and control placing, so the Committee decided that there should always be an experienced orienteer to check the courses before the event and the control placing on the day (ie ‘controlling’). They would also mentor new or inexperienced Planners.

If you are willing to carry out this role for a future Saturday Series event, Neil Gostick [ingostick@ntlworld.com](mailto:ingostick@ntlworld.com) would be delighted to hear from you. If you want to improve your knowledge beforehand, then enrol for the Advanced Planners course on Saturday 25 July. Contact Alex Soulsby [training@herts-orienteeing.club](mailto:training@herts-orienteeing.club).

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## SEOA AGM reminder

59<sup>th</sup> AGM Monday 8 June 2026 at 19.30, agenda sent round by Ben on Sunday 31 May  
Zoom meeting link: <https://zoom.us/j/99898448534?pwd=Zm96c3UwcFFOVzM3NWpyQS9yR0RGUT09>



## What makes an event unmissable?

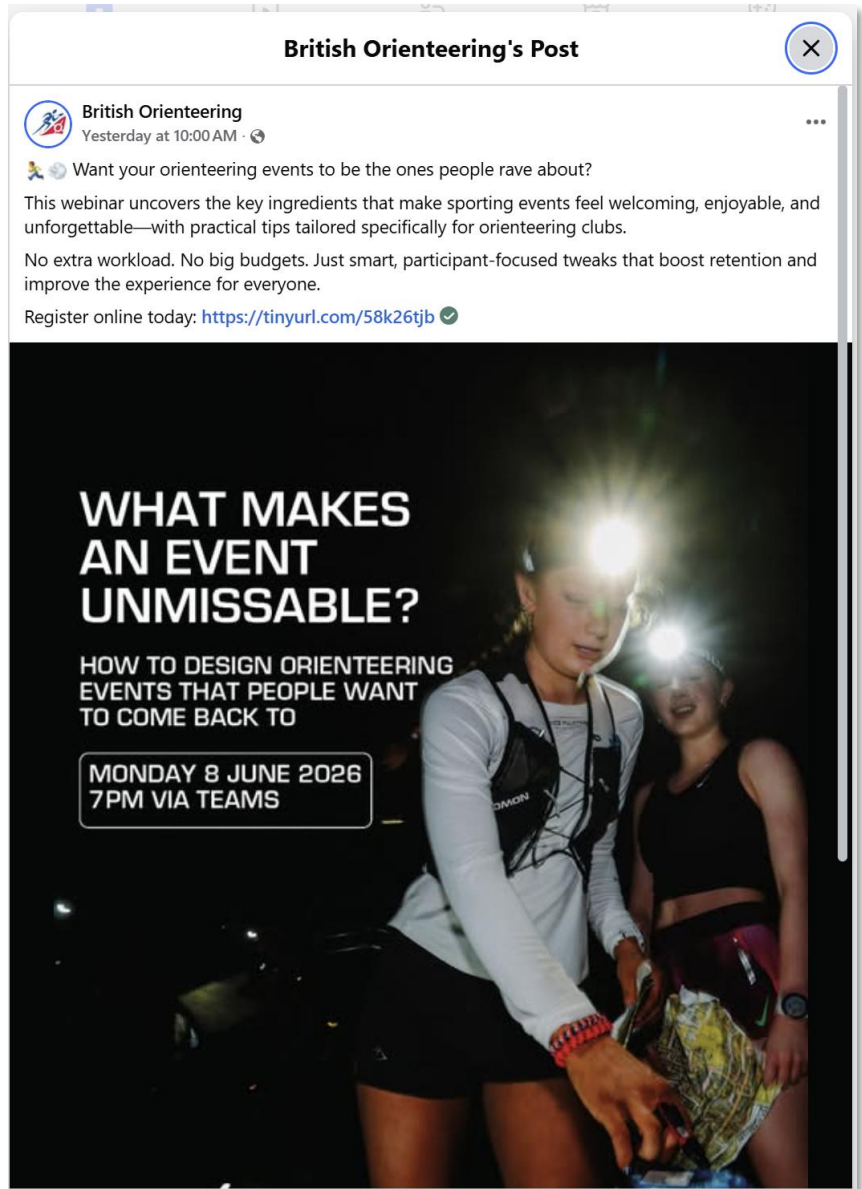
### Designing Orienteering Events People Want to Come Back To Monday, 8 June, 7pm

What makes someone return to an orienteering event, and what quietly puts others off after their first visit?

This webinar explores the key principles that make sporting events feel welcoming, enjoyable, and worth prioritising, drawing on insight from across the wider sports landscape and applying it directly to orienteering.

Designed specifically for clubs and volunteers, the session focuses on small, realistic changes that improve the participant experience without adding pressure on organisers.

Whether you're looking to welcome new participants, improve retention, or simply reflect on how your events feel to attendees, this session offers practical ideas and a shared way of thinking about what makes events truly unmissable.



Register online today: <https://tinyurl.com/58k26tjb>

## Newsletter Articles Wanted

We are always on the look-out for contributions to this newsletter. Please consider submitting anything orienteering-related, for example reports from events you've attended, orienteering tips & tricks, photos, equipment reviews, and even non-orienteering activities that might be of interest.

Please send material to Alan [newsletter@herts-orienteering.club](mailto:newsletter@herts-orienteering.club). Copy dates are typically a few days before the end of the month; for the July edition it is by the end of **Sunday 28 June**.



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## Learning opportunities – upcoming courses run by the club

*Alex Soulsby and Hedley Calderbank*

These courses will be both theoretical and practical – expect to be out and about in an orienteering area and carrying out exercises as well as presentations and discussions on the key areas.

**Please email Alex if you would like more information, or if you want to register for one of the courses: [training@herts-orienteering.club](mailto:training@herts-orienteering.club)**

### **20 June Planning Course – new planners**

St Albans 10:00 – 15:00

Understanding the skills of planning courses is a great way to get a deeper understanding of the sport and improve your skills. It is also a great deal of fun to plan a local event. If you have thought about planning but not yet done so, or already done a little planning, but want to learn more, this is for you.

### **25 July Advanced Planning course – improve your planning/start controlling local events**

Location TBD

This course is for planners who already have some experience and want to improve their skills and possibly start to do controlling of Saturday Series events (checking that the planner has produced fair and safe courses at the correct technical difficulty level).

Maybe your memories of best practice and the finer details of planning are a little hazy and you would like a refresher or you may already have controlled a local event and want some pointers.

Content:

- Recap on planning TD 1, 2, 3 courses
- Planning courses at TD 4, 5
- Recent changes to Rules
- Urban event planning
- Environmental guidelines
- Checking courses and controls at Saturday Series events

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## Yvette Baker Finals - 4 July

*Alex Soulsby*

The HH juniors travelled to Essex in March to compete in the Yvette Baker Heats and successfully qualified for this year's Finals.

The Finals will be on Saturday 4 July in [Penllergaer Valley Woods](#) near Swansea. **Could all juniors' parents let me know if they can make the event (or not) so we can ensure we can put a team together?** It is a bit of a journey this year so we can arrange lift shares if needed. [training@herts-orienteering.club](mailto:training@herts-orienteering.club)



## World Cup Round 2 in Sweden, 28-31 May

Have a go at getting round the Qualification race and the Knockout Finals – the areas used look great and the planners used lots of barriers to make the navigation really challenging at speed. See <https://orienteering.sport/event/orienteering-world-cup-round-2-3/welcome/> for more maps and the results.

**SKARA - LIDKÖPING**  
**ORIENTEERING WORLD CUP**  
28<sup>th</sup> - 31<sup>st</sup> MAY 2026

**LIDKÖPING**  
28<sup>th</sup> MAY

**KNOCKOUT SPRINT WOMEN**  
**QUALIFICATION**

**IOF**  
**Orienteering**  
**WORLD CUP**

World Cup Skara/Lidköping			
Knockout Qualification WA			
Women A 2,3 km			
1	104	■	F
2	112	■	F
3	107	◇	F
4	105	◇	F
5	123	■	F
6	114	◇	F
7	124	■	F
8	116	◇	F
9	121	△	F
10	125	△	F
11	100	◇	F

Scale 1:4000  
Contours 2m  
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Print GP Kartor

**IOF** **Svensk Orientering** **SKARA** **LIDKÖPING** Sparbanken Skaraborg Sparbanken Lidköping



# First part

SKARA - LIDKÖPING  
**ORIENTERING  
WORLD CUP**  
28<sup>TH</sup> - 31<sup>ST</sup> MAY 2023

LIDKÖPING  
28<sup>TH</sup> MAY  
**KNOCKOUT SPRINT FINAL WOMEN**

**AOF**  
Orienteering  
WORLD CUP

**1**

World Cup Skara/Lidköping		Knockout Final W	
Women	2.0 km		
1	111	△	○
2	108	△	○
3	123	△	○
4	124	△	○
5	125	△	○
6	126	△	○

Scale 1:4000  
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# Second part

SKARA - LIDKÖPING  
**ORIENTERING  
WORLD CUP**  
28<sup>TH</sup> - 31<sup>ST</sup> MAY 2023

LIDKÖPING  
28<sup>TH</sup> MAY  
**KNOCKOUT SPRINT FINAL WOMEN**

**AOF**  
Orienteering  
WORLD CUP

**2**

World Cup Skara/Lidköping		Knockout Final W	
Women	2.0 km		
7	127	△	○
8	118	△	○
9	129	△	○
10	130	△	○
11	100	△	○

Scale 1:4000  
Contours 2m  
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Print GP Kartor



## Canterbury City Race weekend 22-24 May - top 10 places overall

Men Open	<b>2nd Daniel Hodson</b>
	6th Daniel Figg
Men Veteran	<b>3rd David Dixon</b>
Men Super Veteran	6th Simon Errington
	7th David Hodson
Women Youth	4th Niamh Mitchell
Women Open	<b>3rd Sian Mitchell</b>

Lots of runners found the final part of the Saturday courses really demanding in the heat – how would you have done on Course 1? (12.39km 70m)

*[note that you can't step on the old walls of St Augustine's Abbey]*



Photos with thanks to:

Rob Lines: <https://flic.kr/s/aHBqjCUwTL>

Edward Lines: <https://flic.kr/s/aHBqjCUBmr>

Abigail Cross: <https://www.flickr.com/.../204609.../sets/72177720333813341/>

Holly Howe: <https://www.flickr.com/photos/157384024@N02/>

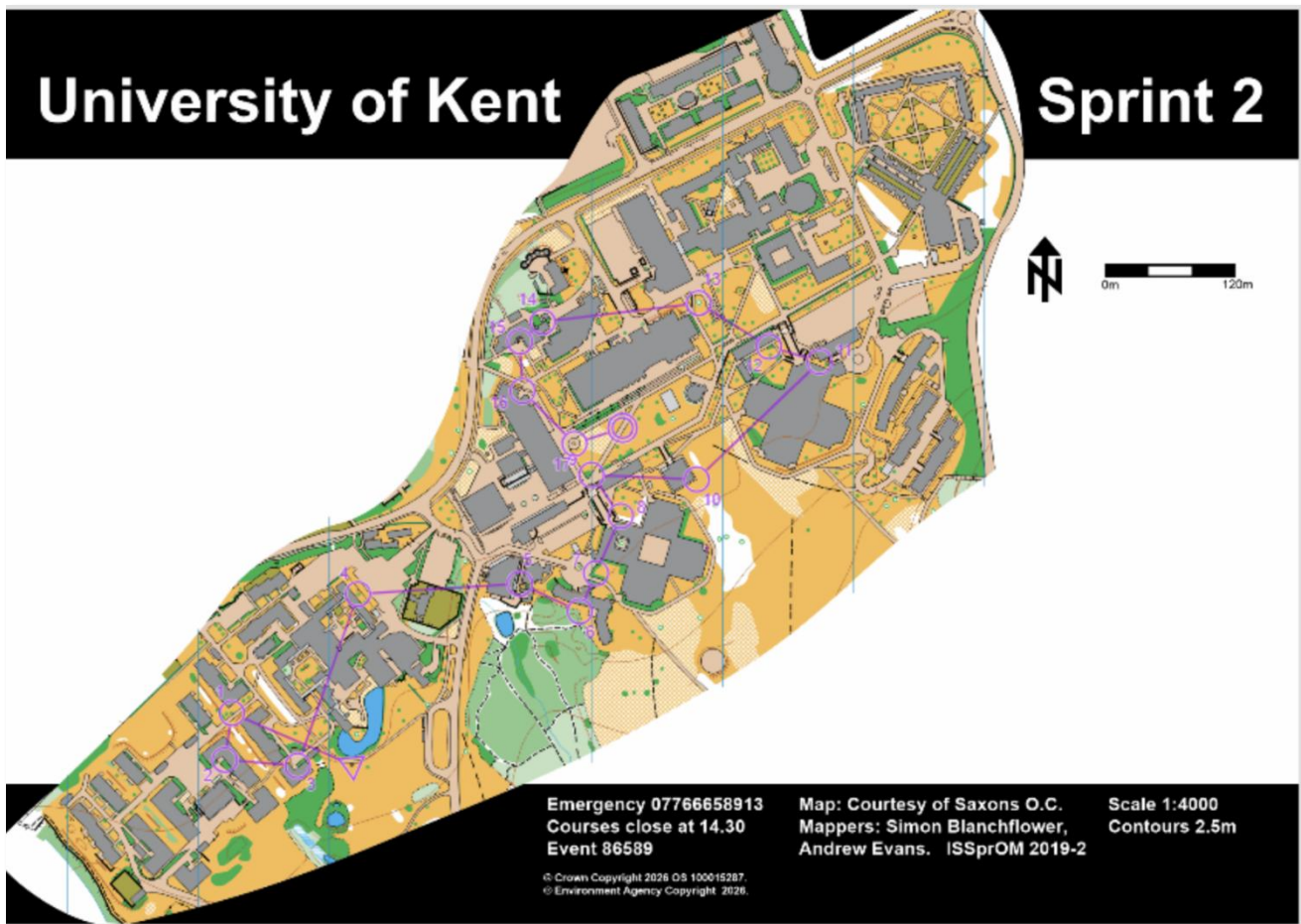








## SE Sprint Champs, top 10 places



The SE Sprint Champs were held at the University of Kent on the hills above Canterbury, the day after the City Race. Hot but not as extreme as Saturday's race. Two races, precisely two hours apart.

Class	Pos	Name	Age Class	Sprint 1		Sprint 2		Total Time
Men Youth Sprint	7th	Theo Marsden	M14	20:28	7th	17:05	8th	37:33
Men Open Sprint	5th	Daniel Hodson	M21	18:17	5th	20:12	6th	38:29
	6th	Daniel Figg	M21	19:11	7th	20:05	5th	39:16
Men Veteran Sprint	5th	David Dixon	M50	16:36	5th	18:54	7th	35:30
	7th	Ian Marsden	M50	17:03	6th	18:56	8th	35:59
Men Super Veteran Sprint	9th	Simon Errington	M60	16:32	10th	14:31	9th	31:03
	10th	David Hodson	M60	16:05	7th	15:10	15th	31:15
Men Hyper Veteran Sprint	9th	John Duffield	M75	38:11	10th	22:10	7th	60:21
Women Youth Sprint	3rd	Niamh Mitchell	W14	17:14	3rd	17:40	3rd	34:54
Women Veteran Sprint	2nd	Helen Marsden	W50	16:31	4th	<u>16:05</u>	<u>1st</u>	32:36
	7th=	Sian Mitchell	W45	17:54	8th	18:46	6th	36:40



## Greater London Orienteering Summer Series

Catherine Galvin (LOK)

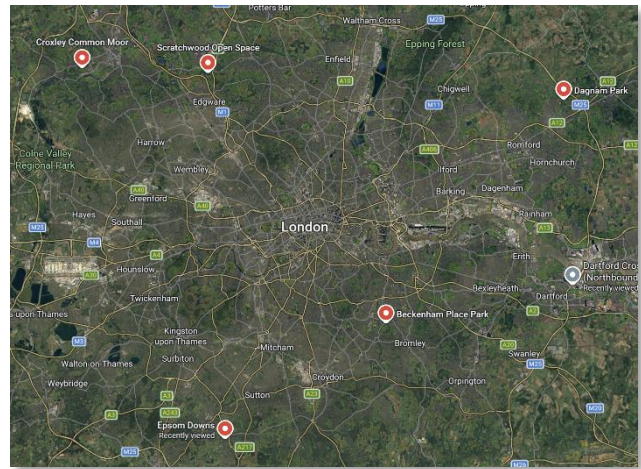
We (LOK) have now finalised the details for the upcoming Greater London Orienteering Summer Series (GLOSS) on the series homepage [here](#). There are 5 events this year including Croxley Moor (HH), which hasn't been used for orienteering in a very long while, and Dagnam Park (HAVOC) which is a new area for a GLOSS event.

Day	Date	Venue	Public transport	Club
<b>Sunday</b>	<b>28 June</b>	Epsom Downs	Tattenham Corner (Southern Trains)	<a href="#">MV</a>
<b>Saturday</b>	<b>4 July</b>	Croxley Moor	Croxley on Metropolitan line	<a href="#">HH</a>
<b>Sunday</b>	<b>12 July</b>	Scratchwood	Northern Line to Edgware and then 384 bus to Scratchwood Open Space	<a href="#">LOK</a>
<b>Sunday</b>	<b>19 July</b>	Dagnam Park	Elizabeth line to Harold Wood and then 496 bus to Dagnam Park Drive	<a href="#">HAVOC</a>
<b>Saturday</b>	<b>25 July</b>	Beckenham Place Park	Beckenham Hill from London Blackfriars	<a href="#">DFOK</a>

### Encouraging Happy Herts club members participation in the inter club competition for the London Bus Trophy

It would also be good to actively encourage Happy Herts members to attend the events as the series is the basis of a no-hassle inter club competition.

Happy Herts is already placed to do very well at the event you are organising on Croxley Moor on Saturday, 4 July 2026. And HH has won the London Bus Trophy in the past. All that any of your members need to do to potentially contribute to HH's team score in any of the five series events (six best members from each club on handicap to count) is to enter and then turn up. (Full series rules are [here](#).)



Many thanks

Catherine

2026 GLOSS series co-ordinator, London Orienteering Klubb





## Street-O 2026

David Dixon, Street-O Coordinator



The 2026 Street-O season is in full swing, with 7 events complete. Interim season results will start next month.

Viv Hodson's **Welwyn Garden City South** course at the end of April saw all the controls visited on a very pleasant evening, with only one person running off the map.

We then moved to **Leavesden** where Mike Bennett tried to tempt the faster runners across to a far West cluster of controls – only Matt Leese and Mike Trotman made it across, but both then punished for being late. A closer cluster to the East proved to be points-rich, but surprisingly complicated:



Next was James Errington's **London Colney** course where a central start location meant a choice between heading West to leafy Napsbury or heading Southeast for an alternative cluster. Rob Haddock was the only person brave enough to venture to get the single control at the end of a long dead-end road...

We then moved to central **St Albans** where Anne Stockley planned her first course taking in many of the sights of the city, which was well received by all. Alex Lane was the only person to pick off the Southwestern controls which would have scored highly if we scored for unique visits, but we don't.

Finally, more planning newcomers Louise Thompson and Jamie Graham got us all running round **Eastern Stevenage** on a particularly hot evening (although a well-placed cloud kept the sun off for most of the runs), with controls scattered across varied woodland, parkland and urban locations – including a polar bear statue.

Many thanks to all these planner/organisers!

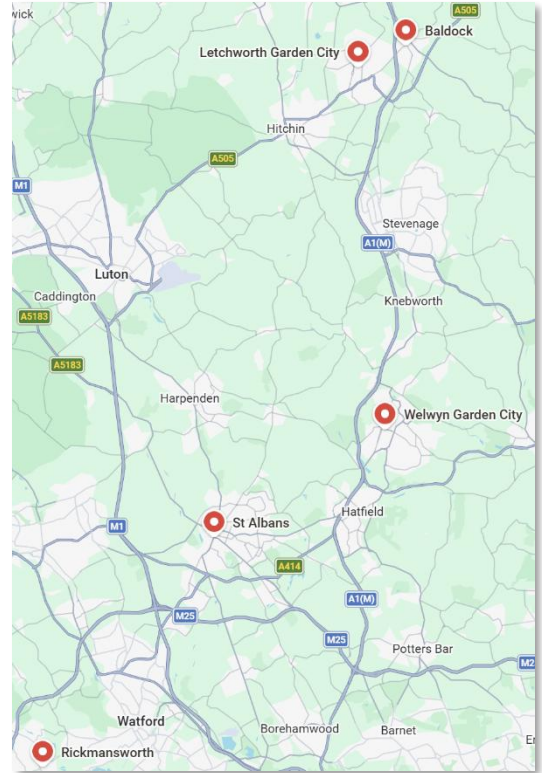


The next events will be:

- 2 June: Baldock (postponed from last year)
- 9 June: Welwyn Garden City East
- 16 June: St Albans Northeast
- 23 June: Rickmansworth
- 30 June: Letchworth

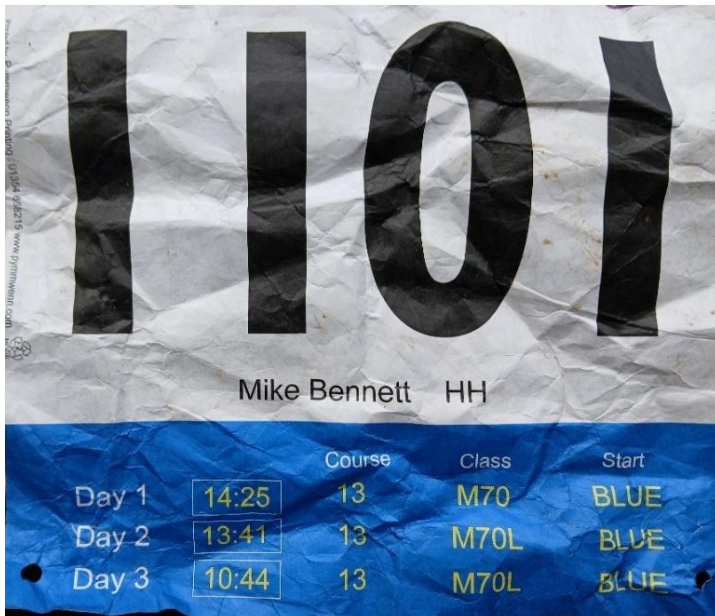
As an early warning, we are planning something a bit “different” for the season finale so the various Street-O competitions will finish at the penultimate event.

For more details of the series, see last month’s newsletter or visit: <https://www.herts-orienteering.club/fixtures/street-o/>



## Lucky for some?

Mike Bennett



A bib is just a necessary evil, isn't it? Success is getting it roughly horizontal and centred on your top, not losing it on the course, then remembering to remove it before washing.

This number for the JK caught my interest though. It could be in binary, which would be ...  $8+4+1 =$  oh, 13.

I'm on course 13 as well, just as well I'm not superstitious. And don't these things come in 3s (OK, maybe I'm just a little superstitious)?

Justice was done, though. After a near miss on the Middle race (12th) I managed 13th on the Long.



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## Meet the committee - Brad Smith

Hello! I'm Brad.

My role on the committee is as publicity officer. I struggle for free time, and my artworking skills aren't too hot, so my output is quite limited - but I do try and put together flyers and various promotional material (with the help of others along the way) where needed. I'm also always on the lookout for strategic opportunities - such as getting the High Sherrif to come and promote our Find Your Way events a little while back.

I'm a relative newcomer to orienteering. I started out as a runner in September 2012, just after the Olympics, and picked up orienteering properly sometime after the pandemic through the gateway drug that is the fabulous Street O series. I don't get to many events at the moment, other than Saturday Series events and the occasional Street O. I hope we can get a bit more further afield in years to come.



I've always loved maps. I grew up studying the road atlas in the passenger seat of my Dad's car. It looks like the apple hasn't fallen far from the tree, as my daughter (nearly 3) also loves looking at maps - she loves looking at one of many National Trust maps we have in the car!

I used to work for the British Red Cross, and the mantra of the fundraising director at the time was always "We're all fundraisers!" What he meant by that was that as brand advocates, we were always ambassadors for the great work the British Red Cross does, and very likely able to inspire people to put their hands in their pockets in support of that great cause. I like to encourage a similar approach in promoting our events. We all know and love orienteering. People we know (or are acquainted with) are much more likely to listen to you to understand what makes our sport great, than they are engaging with a random unsolicited leaflet. So, do take the time to spread the good word with people you meet. That said, if you do have a particular need for materials, shout and I'll see what I can do.

As an example of what I mean - when I was hanging controls at Moneyhole recently, a man walking his dog wondered what I was doing. We spoke and I established he was a lapsed orienteer, so I invited him along to the next one. You could be our greatest asset in getting more people joining in!

So - take a look at the Street O series - think about who else you could invite along - and you never know, we could have a good few more members coming along to join us in the forest in the autumn as a result.

(Also, if you do have artworking skills or want to learn - let me know - there's a backlog you can help with!)

*Brad*



## Saturday Series – Chipperfield

*Thanks to David Dixon for the photos*







## Incentive Awards

Congratulations to the following club members who have recently gained new British Orienteering Incentive Awards.

Member	Certificates	Awarded
Anna Lyle	Racing Challenge: Silver Award ★★ ★	15/04/2026
	Racing Challenge: Bronze Award ★★ ★ Navigation Challenge ★★ ★	11/03/2026
Anthony Barnes	Navigation Challenge ★★ ★	15/04/2026
Ben McDonnell	Racing Challenge: Gold Award ★★ ★★ ★ Racing Challenge: Silver Award ★★ ★★ ★ Racing Challenge: Bronze Award ★★ ★★ ★ Navigation Challenge ★★ ★★ ★	15/04/2026
Charlotte Naunton	Navigation Challenge ★★ ★★	06/05/2026
Cobie Pui Ching Wong	Racing Challenge: Gold Award ★★ ★★ ★	15/04/2026
Daniel Elder	Navigation Challenge ★★ ★	07/05/2026
George Panton	Navigation Challenge ★★ ★	15/04/2026
Katka Kessler	Navigation Challenge ★★ ★★	15/04/2026
Kieran Dedman	Racing Challenge: Gold Award ★★ ★★ ★	11/03/2026
Milly Brown	Navigation Challenge ★	11/03/2026
Paul Hearn	Navigation Challenge ★★ ★	06/05/2026
Theodore Marsden	Racing Challenge: Bronze Award ★★ ★★ ★ Navigation Challenge ★★ ★★	13/04/2026
Zoe Langley	Racing Challenge: Bronze Award ★★ ★★ ★ Navigation Challenge ★★ ★★	06/05/2026

### The Navigation Challenge

Members are eligible for a Navigation Challenge certificate after successfully completing 3 colour coded courses at the same Technical Difficulty (TD) standard. The certificates are 'star' based e.g. 1 star for TD 1 up to 5 Star for TD 5.

Technical Difficulty (TD)	Colour Coded Courses
1	White
2	Yellow
3	Orange, Long Orange
4	Light Green
5	Very Short Green, Short Green, Green, Short Blue, Blue, Short Brown, Brown, Black

### The Racing Challenge

Members are eligible for a Racing Challenge certificate after successfully completing 3 colour coded courses (of the same TD) within the following times:

- Gold Award. Participant's time < Course Length (KM) x 12.5mins
- Silver Award. Participant's time < Course Length (KM) x 15mins
- Bronze Award. Participant's time < Course Length (KM) x 20mins

These certificates are also 'star' based e.g. 1 star for TD 1 up to 5 Star for TD 5 as above.



## Captain's Niche

Tom Cochrane



### HH Jukola team

Good luck to the HH Jukola team heading off to Finland soon: Kevin, Sam and Alex Fielding, Laura Parkes, Tim Bywater-Lees, David Saunders and Tom Cochrane will report back next month.

### British Sprint Relay Weekend – 27 & 28 June



I'll finalise relay teams next weekend **so get in touch asap if you want to join the fun.**

Go to <https://hh.mapreservation.org.uk/>

### Save the date: Sunday 18 October - HH in the Compass Sport Cup Final

HH will be sending a team to the Compass Sport Cup Final at [Pippingford Park](#) Near East Grinstead. This is our reward for winning our heat back in February. If you want to make a weekend of it there's also a DFOK event at South Ashdown on Saturday 17<sup>th</sup>.

This doesn't happen often so let's seize the opportunity and send the biggest team we can! The scoring rewards big teams with all the different classes covered, and the final is a great chance to have a big day out as a club. So please do try to come if you can. More deals and entries will come in the next few months. We are keen to do as much as we can as a club to help people attend. So if you have any suggestions that would make it easier or more attractive to you - please share them with me at: [captain@herts-orienteering.club](mailto:captain@herts-orienteering.club).



## Future Events

Here is a provisional list of events from HH and nearby clubs, plus some regional and national competitions that may be of interest.

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[entry systems]

[www.fabian4.co.uk](http://www.fabian4.co.uk)

<https://www.sientries.co.uk/>

<https://racesignup.co.uk/>

Date	Event	Area	Club	Level
<b>Tue 02 June</b>	<b>HH Street-O</b>	<b>Baldock</b>	<u>HH</u>	Local
Tue 02 June	TVSS 6	Kidlington	<u>TVOC</u>	Local
Thu 04 June	Summer MapRun League,	Aspley Heath (Bow Brickhill)	<u>SMOC</u>	Local
<b>Tue 09 June</b>	<b>HH Street-O</b>	<b>Welwyn Garden City</b>	<u>HH</u>	Local
Tue 09 June	TVSS 7	Abingdon	<u>TVOC</u>	Local
Tue 09 June	London Park Series	Peckham Rye	<u>SLOW</u>	Local
Sat 13 June	TVOC Saturday Series	University Parks, Oxford	<u>TVOC</u>	Local
Tue 16 June	CHIG Park Race	Wanstead Flats	<u>CHIG</u>	Local
<b>Tue 16 June</b>	<b>HH Street-O</b>	<b>St Albans</b>	<u>HH</u>	Local
Wed 17 June	TVSS 8	Thame	<u>TVOC</u>	Local
Sun 21 June	SMOC Keyne-O 2	Furzton	<u>SMOC</u>	Local
<b>Tue 23 June</b>	<b>HH Street-O</b>	<b>Rickmansworth</b>	<u>HH</u>	Local
Tue 23 June	TVSS 9	West Wycombe	<u>TVOC</u>	Local
Tue 23 June	London Park Series	Waterloo Parks	<u>SLOW</u>	Local
Sat 27 June	British Sprint Relay Championships	University of Bristol North Village	<u>BOK</u>	Major
Sun 28 June	British Sprint Championships	University of the West of England	<u>BOK</u>	Major
Tue 30 June	LOK Park Race	Alexandra Palace	<u>LOK</u>	Local
<b>Tue 30 June</b>	<b>HH Street-O</b>	<b>Letchworth</b>	<u>HH</u>	Local
<b>Sat 04 July</b>	<b>HH Saturday Series / GLOSS</b>	<b>Croxley Moor</b>	<u>HH</u>	Local
<b>Tue 07 July</b>	<b>HH Street-O – Digswell</b>	<b>Welwyn Garden City</b>	<u>HH</u>	Local
Tue 07 July	London Park Series	Streatham Common	<u>SLOW</u>	Local
Sat 11 July	TVOC Saturday Series	Oxford Brookes Headington Campus	<u>TVOC</u>	Local
Sun 12 July	LOK GLOSS	Scratchwood	<u>LOK</u>	Local
<b>Tue 14 July</b>	<b>HH Street-O</b>	<b>Hemel Hempstead</b>	<u>HH</u>	Local



Date	Event	Area	Club	Level
<b>Tue 21 July</b>	<b>HH Street-O</b>	<b>Stevenage</b>	<u>HH</u>	Local
Tue 21 July	London Park Series	Tooting Common	<u>SLOW</u>	Local
Thu 23 July	Summer MapRun League	Aspley Heath (Longslade Lane)	<u>SMOC</u>	Local
Sun 26 July	SN Urban	TBA	<u>SN</u>	Regional
<b>Tue 28 July</b>	<b>HH Street-O</b>	<b>Welham Green</b>	<u>HH</u>	Local
Tue 28 July	TVSS 14	Hazlemere	<u>TVOC</u>	Local
<b>Tue 04 August</b>	<b>HH Street-O</b>	<b>Harpenden</b>	<u>HH</u>	Local
Sat 08 August	CHIG 60th Anniversary Sprint event.	Chigwell School	<u>CHIG</u>	Local
Tue 11 August	TVSS 16	Chinor	<u>TVOC</u>	Local
<b>Tue 11 August</b>	<b>HH Street-O</b>	<b>Henlow</b>	<u>HH</u>	Local
Sat 15 August	Milton Keynes Urban and Keyne-O 3	MK South West	<u>SMOC</u>	Regional
<b>Tue 18 August</b>	<b>HH Street-O</b>	<b>TBA</b>	<u>HH</u>	Local
Sat 22 August	Summer MapRun League final and summer social	TBA	<u>SMOC</u>	Local
<b>Tue 25 August</b>	<b>HH Street-O</b>	<b>TBA</b>	<u>HH</u>	Local
Sun 30 August	MV Urban National	N Holmwood & S Dorking	<u>MV</u>	National

*[fixture lists]*

- [British Orienteering](#) you can filter by region and club
- [WorldofO](#) international fixtures
- [Mole Valley](#) user-friendly and includes local & international events
- [British Army OC](#) for Wednesday Military League South events
- [Ofixtures](#) filter in several ways
  
- [UK Urban League](#)
- [Southern England Orienteering Urban League](#)
- [UK Orienteering League](#)

**Confused by all the orienteering acronyms: SEOUL, UKOL, GLOSS etc? Go to Mole Valley's jargon buster at [www.mvoc.org](http://www.mvoc.org).**