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Schiehallion

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City Race Euro Tour '27
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Forthcoming HH events

Date	Event	More Info
Sat 2 May 26 10:00 - 12:45	Chipperfield Saturday Series	Event Details Location
Tue 5 May 26 19:00 - 20:00	Street-O Evening Score – Watford	Event Details Location
Tue 12 May 26 19:00 - 20:00	Street-O Evening Score – London Colney	Event Details Location
Sat 16 May 26 10:00 - 12:00	Club Training – Chipperfield Club members. Please confirm attendance with Alex in advance.	Event Details Location TBC
Sat 6 Jun 26 10:00 - 12:45	Highfield Saturday Series	Event Details Location
Sat 20 Jun 26 10:00 - 12:00	Club Training – Highfield Club members. Please confirm attendance with Alex in advance.	Event Details Location
Sat 4 Jul 26 10:00 - 12:30	Yvette Baker Trophy – Final National competition for Juniors	Event Details Location TBC
Sat 4 Jul 26 10:00 - 12:45	Croxley Moor Saturday Series / GLOSS	Event Details Location TBC
Sat 18 Jul 26 10:00 - 12:00	Club Training – Croxley Moor Club members. Please confirm attendance with Alex in advance.	<u>Event Details</u> Location TBC

The full Street-O schedule is available on the [Street-O page](#).

Editor's Spur

Alan Rosen newsletter@herts-orienteeing.club

It's the start of May, so one third of the year is behind us, but eight of the eleven 2026 Major Events have already taken place and there's just the British Sprint weekend (see p 21) at the end of June and the Compass Sport Cup Final on Sunday 18 October at [Pippingford Park](#) left.

Meanwhile, the first nettles and brambles of the year are heading skywards so as well as the usual 'forest' events there are a good number of urban/sprint events to entertain us most weeks, aided of course by weekly HH's Street-O (see p 17) throughout the summer. Enjoy the sunshine while it lasts!

Cover photo: Tom at the JK Relays, Tullochroisk [Thanks to Wendy Carlyle](#)

Newsletter Articles Wanted

We are always on the look-out for contributions to this newsletter. Please consider submitting anything orienteeing-related, for example reports from events you've attended, orienteeing tips & tricks, photos, equipment reviews, and even non-orienteeing activities that might be of interest.

Please send material to Alan newsletter@herts-orienteeing.club. Copy dates are typically a few days before the end of the month; for the June edition it is by the end of **Thursday 28 May**.



Dots or dashes (and it's not Morse Code)

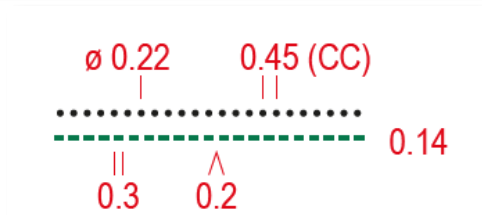
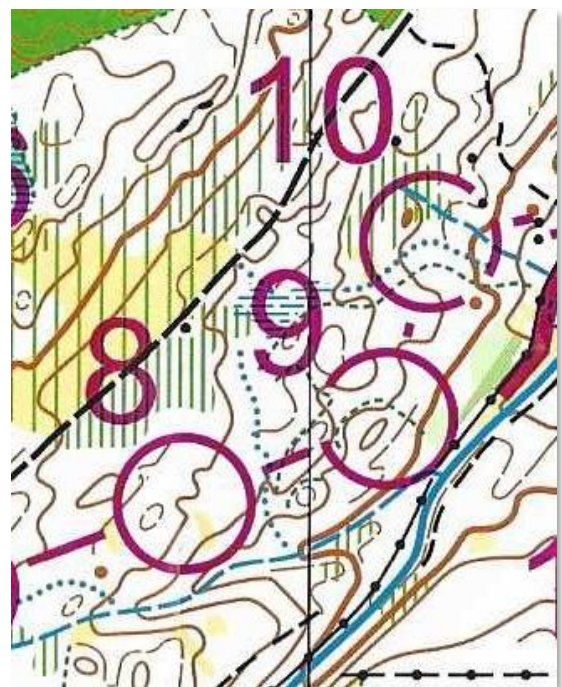
The map for JK days 2 & 3 had a legal but slightly uncommon symbol for vegetation boundaries – a line of green dashes instead of black dots. For control 10 here, going north to south, there is:

- a 'minor/seasonal watercourse'
- a 'narrow marsh' (with the control on it)
- a 'vegetation boundary'

All reasonably clear in good light and with a blown-up map but the difference between blue and green isn't obvious to everyone's eyes, so are the green dashes the right symbol?

ISOM 2019 is the global mapping specification or, more accurately, the inter-galactic mapping specification as it also applies across the universe, see <https://www.myorienteeing.com/home-page/where/others/mars/maps> (!).

For vegetation boundaries, ISOM has two possible symbols, black dots and green dashes:



(Φ means diameter, CC means centre to centre)

So which is best? Going back to first principles, the colours on o-maps are always:

- Blue water features
- Yellow open areas (*because that's the colour when you look up on a sunny day*)
- Green vegetation features (*because that's the colour when you look up in increasingly thick vegetation*)
- Brown landforms
- Black and Grey everything else, including rock and cliffs, paths and roads, and most man-made objects
- Purple course information

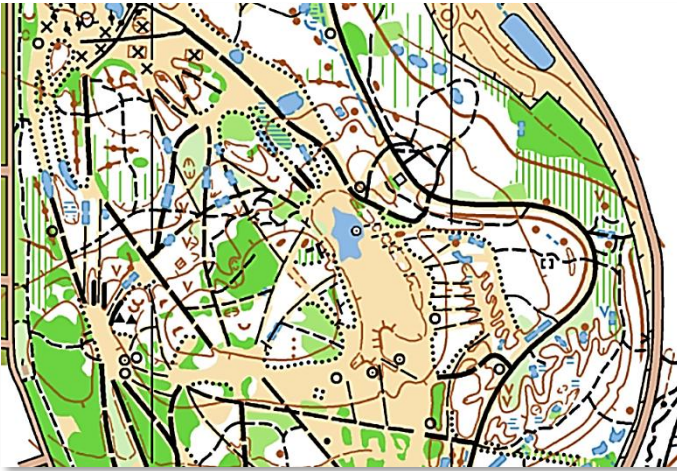
...except that, normally, vegetation boundaries are black dots – why?

It would be reasonable to suggest green dots for vegetation boundaries but they wouldn't stand out when showing the boundary between two green areas of forest whereas black gives the contrast.

In 2025, the International Orienteering Federation asked countries for their suggestions for [ISOM 2030](#) and there is a bit of a Marmite response about vegetation boundaries, perhaps based on what each country's typical terrain looks like – if you have lots of rock features (black) you probably want green dashes; if you have lots of shades of vegetation (green) you probably want black dots! Good luck to the IOF with their decision.

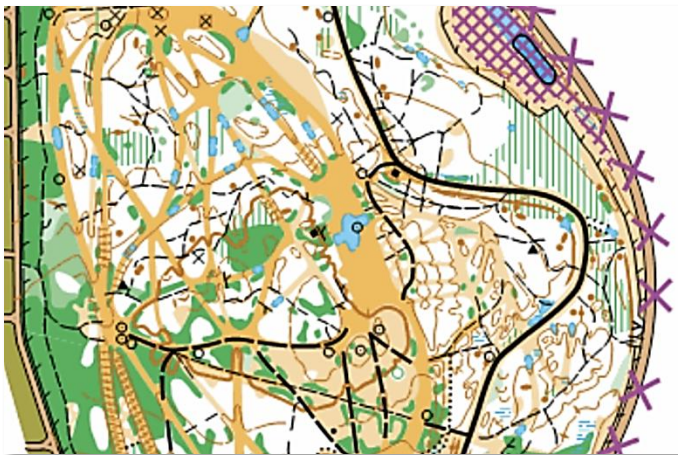


Possibly...the only area in the South East/South Central that has green dashes at the moment is the ex-army land at Hogmoor, near Bordon. Hogmoor is a SANG (Suitable Alternative Natural Greenspace) with 80 years of protection, set up to ease pressure on other green spaces. Closer to home there are SANGs to relieve the pressure on Ashridge, including at Chipperfield Common.

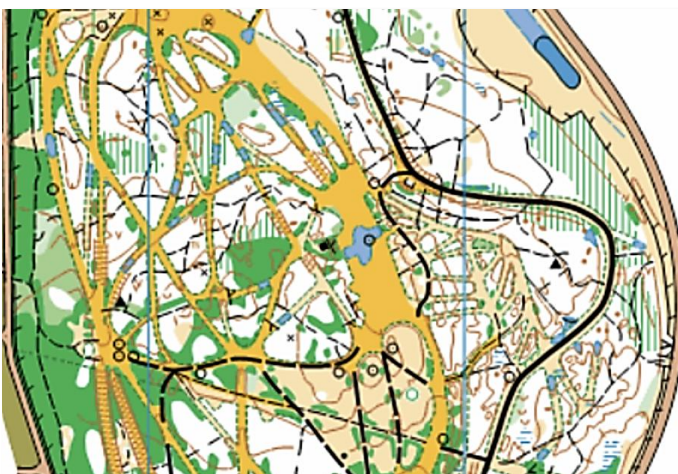


Hogmoor Inclosure, Bordon, in Hampshire, from 2019 to 2022

2019 black dots



2021 nothing for most boundaries, black dots for a few



2022 green dashes

Which do you prefer?

It's also interesting to see how differently the area has been mapped each time in just a few years, not just with the vegetation boundaries. The reality is that all of the maps are capable of being used for events and despite ISOM's worthy efforts to have uniform mapping standards, the mapper still has a big influence on how any o-map is surveyed and drawn.



British Middles 2026 – the worst mistake ever

Kate Hawkes

Several club members made the journey to the beautiful Burwarton Estate near Bridgnorth on the 18th April. While some in HH had a fabulous day in the sunshine exploring Brown Clee Hill, I learnt a lot in retrospect about where and how I went so badly wrong.

Issy and I arrived with plenty of time, and spent an enjoyable time catching up with people and admiring the scenery. I thought I was suitably well prepared, having looked at previous maps and for the first time was pretty confident I would know where the start would be on the map.

Perhaps it was confidence that started the multiple errors!



Mistake no 1

I had noticed that the W50 map was 1:7500 in the final details, and felt that I would remember to go cautiously. However, having found control 1, I raced off and overshot control 2 by a significant margin. This could have been the end (and saved me later grief and embarrassment!), but I was saved by Emese who started 6 minutes after me, and who spotted a small frantic yellow HH clad figure on the hill above her zig zagging in completely the wrong place, and she gave me a little shout to reverse and relocate.

Mistake no 2

Controls 3, and 4 went well, but then I got distracted by another W50 on my course who looked like she really knew what she was doing, so I decided to follow. I can feel the more experienced among you bashing your heads in disappointment. As expected, all that happened was I lost control of the map, and we both were lost. Once again Emese appeared over a knoll waving cheerfully from her accurate location, and the game was back on!

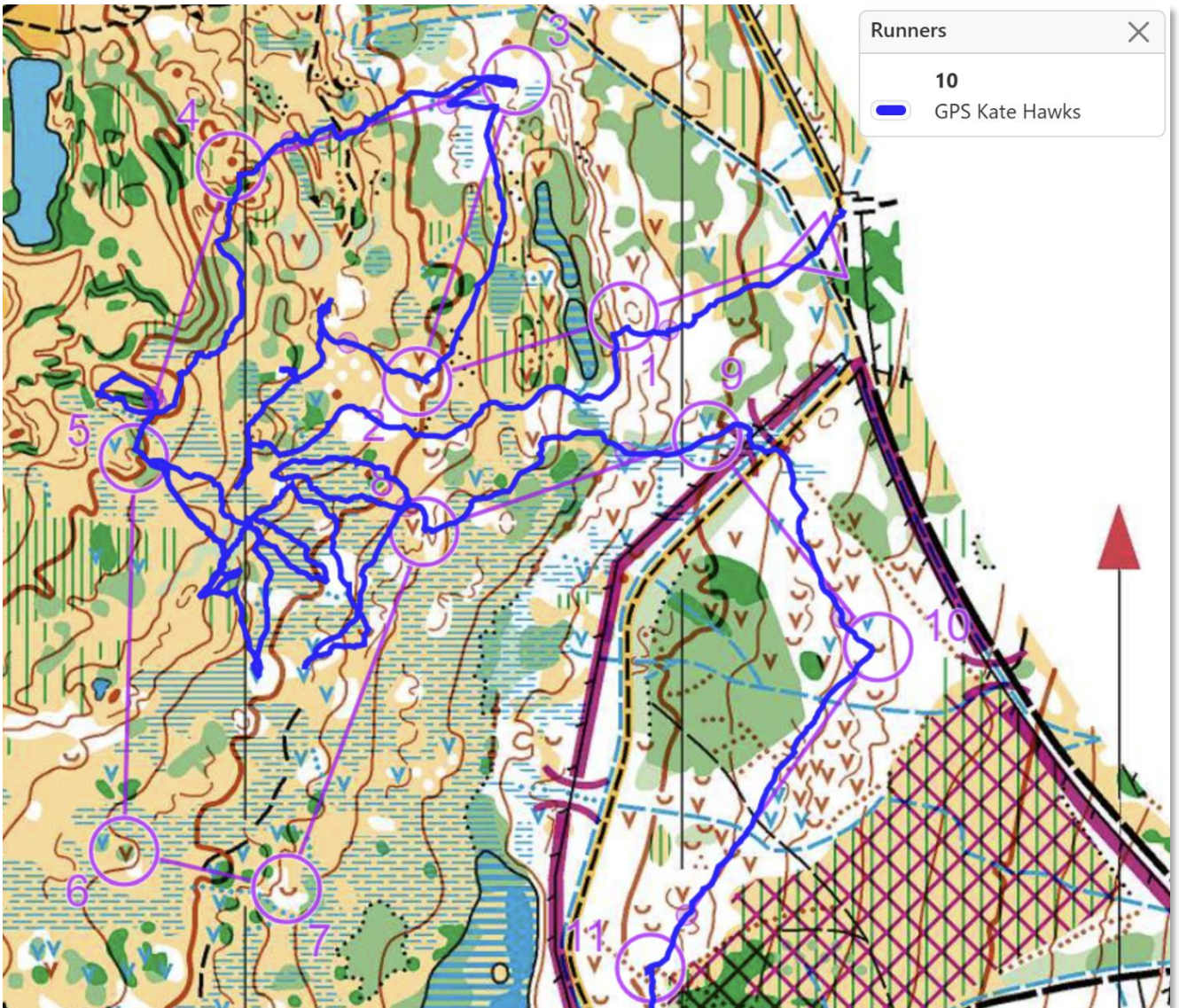
Mistake no 3

Here lies the worst mistake I have ever made orienteering! Finally I felt I was back on track and having dibbed in at control 5, I decided to ignore everyone else and run my own race.

Unfortunately, my brain had told me that control 5 was control 6, and off I went with a beautiful compass bearing towards number 7. BUT number 7 was nowhere to be found, which was not surprising as I was looking for it having taken a bearing from control 5.

Many miserable hours were spent wandering backwards and forwards, up and down over the terrain finding many controls that did not belong to course 10. I had decided it was time to give up, when by some miracle encountered control 8, and decided to continue getting my money's worth and finish the course.

Thankfully you will all be pleased to know that I did indeed safely make it back to the finish before a search party was launched.



Learning Points – what could I have done better?

- 1) Run slower
- 2) Make a plan that involves more than just taking a compass bearing and hoping for the best
- 3) If really lost – head back to the original control and check it (I went back several times but didn't check the number)
- 4) Don't get distracted by others
- 5) Use catching features to avoid deviating off

Thankfully all my learning was able to be put to good use the following day in the same location, and I was able to redeem myself at the Midlands Champs with a much better performance. Perhaps one day I will be as fast as Helen Marsden!



Peter Palmer Relays

Emese Svab

“Peter Palmer Relay – A very fun 6-person relay that starts at 5am... in the dark! Do not worry, the older, more experienced runners take these legs with the younger runners competing in the early morning light.” (HH Junior Development Webpage)

A bit more officially:

The Peter Palmer Junior Team Relay is a premier annual orienteering competition in the UK for junior club teams. Named after one of orienteering's finest coaches, who wanted to create an event that was similar to the relays that take place in Scandinavia. This event is one of the most enjoyable with clubs fielding mixed relay teams of six girls and boys aged M/W12–18.

Event Format & Tradition

The competition is famous for its early start and social atmosphere. Teams typically arrive on a Saturday evening and sleep in a local school hall or sports centre, often taking part in a five-a-side football tournament before the race.

The Main Relay: A six-leg race that begins in total darkness, usually at 5:00 AM. The first legs are run with head torches, transitioning through dawn into full daylight by the final legs.

The Daybreak Bowl: A shorter four-leg version introduced in 2018 for less experienced juniors. It typically starts later (around 6:00 AM–6:30 AM) so that participants can experience the atmosphere without the high technical difficulty of pure night orienteering.

When?

It usually happens on the second weekend of September. Unfortunately, there was no Peter Palmer Relay in 2025 and in 2024 it was held in the Lake District. But in 2023 it was held at Stowe National Trust site and HH had a team in the Main Relay, they finished 3rd place and another in the Daybreak Bowl and they won. This is the celebration of this nice result on the HH website:

<https://www.herts-orienteering.club/peter-palmer-success/>

Bors, my eldest son, was a member of the Bowl team. He was fascinated by the sunrise over the spectacular garden. Later that year we returned to Stowe as tourists and he pointed us to some of his controls and showed us where the Sun rose and the mist over the ground.

<https://www.smoc.info/Results/2023/peterpalmer.html>

In 2026 the Peter Palmer Relays going to take place near Crawley at Tilgate Park on the 13th of September. As it is not extremely far I hope several HH teams are going to be there. So, if you are a parent of a Junior aged 11-18, pencil in the date to your diary for this fun relay event. If you are interested let one of the coaches know and keep an eye on Junior news for Peter Palmer Relays.

<https://www.southdowns-orienteers.org.uk/events/tilgate-park-2026-09-13>



Schiehallion

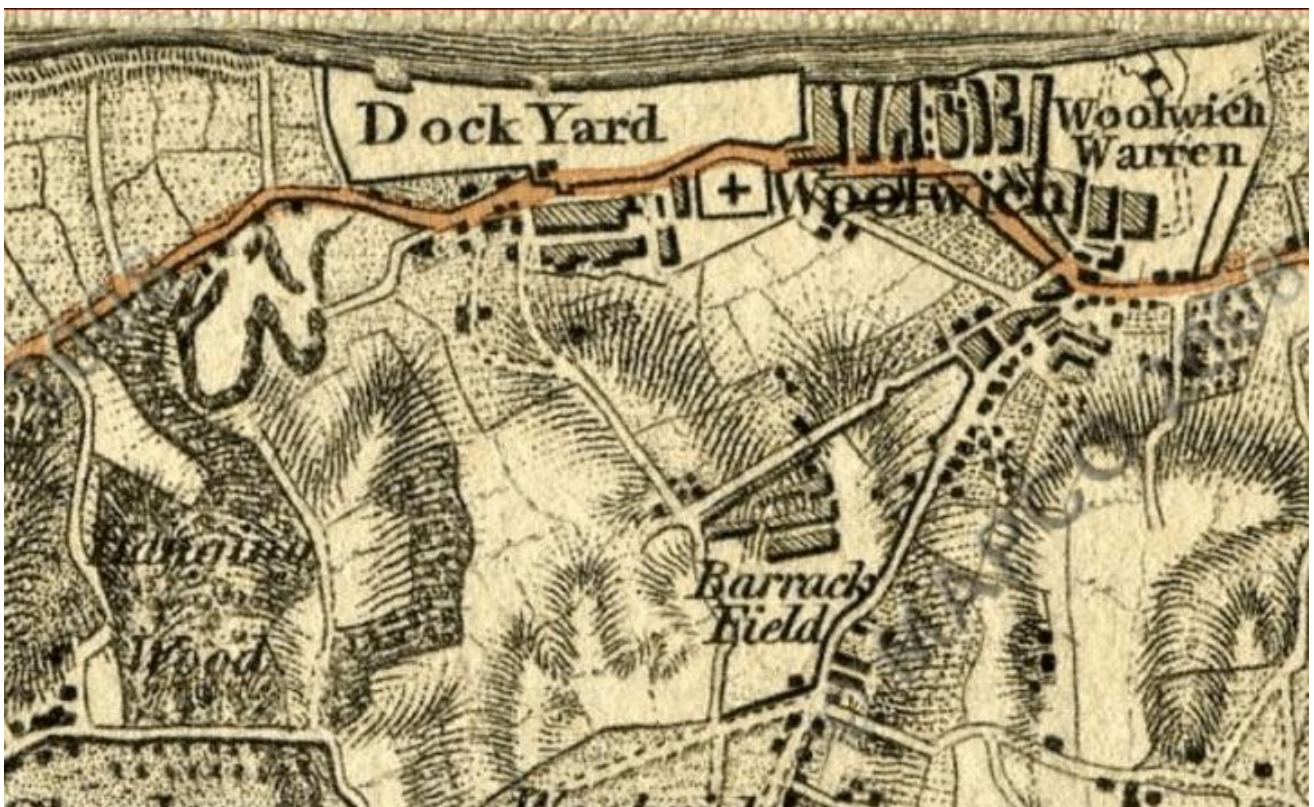
The three 'forest' days of JK 2026 took place at the foot of a mountain called Schiehallion, 1083m high so just 2m shorter than Yr Wyddfa (aka Snowdon). It's located near the centre of Scotland and was chosen because of its 'regular conical shape' for a scientific experiment in the mid-1700s to establish the density of the Earth (as no-one knew if the earth was hollow).

Schiehallion is said to signify 'Constant Storm' in Gaelic.

Briefly, the experiment involved seeing how far a plumb line was deflected from the vertical by the mass of the mountain and then concluding that the mean density of the earth had to be at least double that at the surface, and therefore not hollow.

Just before Nevil Maskelyne, the fifth Astronomer Royal, left after four months on the mountain, there was a farewell party involving copious amounts of whisky which resulted in the hut they were living in burning down, together with a much-used fiddle. Maskelyne generously replaced the fiddle with a Stradivarius.

They used the idea of contours to calculate the volume of the mountain although it would be another sixty years before contours became standard on British maps and, even so, hachuring (see below) was still used to show hills and slopes for a long time:



Extract from *An Entirely New & Accurate Survey Of The County Of Kent, With Part Of The County Of Essex*, created by William Mudge in 1801 and regarded as the first official Ordnance Survey map. Perhaps we should entitle all of our o-maps similarly: *An Entirely New and Accurate Survey of xxx Woods?*

If you fancy seeing Schiehallion either from the base or the summit, the Scottish 6 days are in Perthshire from 1 to 6 August 2027!



Who's who in HH: Kevin Parkes – SI coordinator

One of the downsides of being a role-based committee member is that one's name comes up on the list to provide the monthly "meet the committee" newsletter article at regular, albeit not frequent, intervals, leaving me with the challenge of what to say that does not merely recapitulate my previous offering. This dilemma is somewhat compounded by recent articles in the series where the authors have been able to let drop their impressive competitive credentials and successes.



Given that my best runs have always been "in sight of mid-field" and over the last year recovering from a knee ligament injury "competed" or "not quite last" has been as good as it gets, that sort of article is not really an option for me. However, I am a confirmed serial volunteer and on reflection I have quite an array of mementos on my mantelpiece from larger events I have supported as well as a range of volunteer event branded clothing in my wardrobe upstairs – a trophy cabinet of events successfully delivered rather than competitions won, so I thought I'd tell you a little about some of them.

USIC The Union Sportive Internationales des Cheminots is an international sporting organisation for individuals in the railway industry. It turns out that south east orienteering, and maybe HH in particular, has a significant number of railway employees and in 2007 USIC held its orienteering championships in the Watford area with the individual day in Epping and relays in Whippendell.

It was ably coordinated on the orienteering side by the Erringtons, and on the general arrangements and hospitality side by a small team from USIC. As a non-railway person I was purely there to help with download and results but it was a great learning opportunity for me as the first event I led download which had commentary, and I vividly remember the USIC organiser's PA's jaw dropping when she noticed the network cabling between the download and commentary tents and realised we were doing something moderately sophisticated on the computing side!

This was an early SI event for me and also one of my last uses of the OE download software before the introduction of Autodownload that later became the SiTiming we use today. We first trialled Autodownload at a Saturday series at Rothampsted Park a year or so later and never went back to OE.

The memento for core volunteers at this event was a rather nice model engine, which still graces our mantelpiece.

USIC is also the origin of the blue-grey cags which Penny and I can still often be seen wearing at those events where the organisers require a cag with hood, although by now they are more water resistant than water proof.





Interland HH has hosted Interland (an orienteering competition between teams from England, the Netherlands, Belgium (which has two federations), France, and Luxembourg) on at least two occasions. First in 2009 at Burnham and Egypt where it was combined with a Southern Championships which caused some complications since the age classes differ slightly between the two competitions, and runners who weren't members of a southern orienteering club and weren't eligible for championship prizes.

As has since become usual at larger HH events Laura and I teamed up to do results and Laura was also a member of that year's England team. We still remember the England team manager's mild concern when she passed on the offer of team accommodation and then his surprise when he found her in the field in advance of the team's arrival busy in the download tent and realised that she had significant roles both on the organisational and competitive sides of the event.

HH hosted Interland again in 2020, just before the COVID lockdown, again at Burnham and Egypt. In 2020 mobile coverage was appreciably less universal than it is now, so I provided results over local WiFi. Interland has its own scoring system, which given the competition is somewhat niche, coming to the UK only every 5 or 6 years, isn't supported directly by SiTiming like more regular events such as the Yvette Baker and Compass Sport competitions, so I developed a scoring tool of my own to provide regularly updated results over WiFi as the competition progressed.

The England captain and host for the weekend (John Rye), still processed the results at the end with his trusty spreadsheet but was sufficiently impressed when we achieved perfect agreement between our systems to present me with one of the mugs remaining after the presentation to the winners.

WOC Laura and I have been members of the IT team at the two most recent World Orienteering Championships held in the UK, in 2015 and 2024.

The first of these was a "full" WOC with both sprint and forest events and was held in conjunction with that year's Scottish 6 days in the Highlands. The 2024 WOC was a sprint-only WOC and held in Edinburgh. At both events I was responsible for results presentation – getting the data up onto the web live as the competitions progressed.

In 2015 this mainly involved the running of local servers to support a local WiFi network that users could connect to view the live results and where I learnt much which I later applied providing WiFi results at HH (including Interland) events until the progress of mobile technology and coverage made them obsolete.

My focus in 2024 was particularly on LiveOResults which provides information from radio controls on the web and gives spectators a view of the competition while the runners are still running as opposed to conventional live results which are at the point of download. I think this has a lot of potential for generating additional interest at major events which have radio controls anyway for safety and / or commentary purposes and I'm hoping it will get taken up more widely.

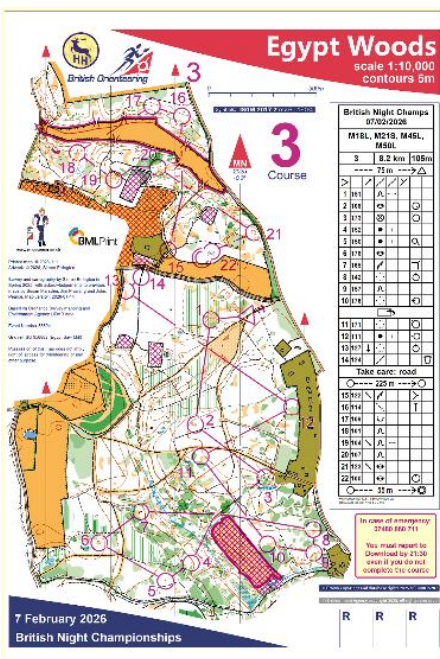




This year it was used at both BNOC and BOC and there is tentative interest for the British Sprints. IT team members got a mug memento in 2024 which you may already have seen in Laura's much fuller account of the WOC 2024 IT experience in an earlier newsletter.



BNOC Many, if not most, of you reading this will have been involved in the club's hosting of the British Night Championships in February. My involvement started over a year in advance arranging for the hire of the GPS tracking kit, working with the organisers (Alan Rosen and Mike Bennett) on how it should be deployed and the rule waiver needed to allow optimal tracking without quarantine, reactivating and updating the LiveOResults system we used at WOC, and as a special bonus job in the last week helping with start time assignment, all in addition to my standard download and results role!



All lots of fun and a great honour to be allowed to be so involved in one of the sports top events – for me it is one of the big pluses of a niche sport like orienteering that all the interesting roles have yet to be taken over by professionals, which allows lots of opportunities for individual development and innovation. A few core volunteers got a frame-able print of [Course 3](#) which, as a night-orienteering enthusiast who wasn't able to run due to the demands of my volunteering role, was particularly appreciated.



EUOC Relays Finally some of you may have noticed that Laura and I were not part of the victorious team in the Compass Sport Cup heat this year at Brandon. Instead we were helping with the English Universities Orienteering Championship relays.

These were being hosted by the Oxford University Orienteering Club with support from TVOC, neither of whom had much experience of doing results for a relay. We heard of this in informal networking amongst SI gurus, and although we didn't have experience of generating relay results either we were keen to gain experience in advance of the Senior Home International Relays which HH is hosting next autumn.

It was a fun, and certainly a learning day. The SiTiming part is reasonably straightforward and logical if you are sufficiently familiar with SiTiming but OUOC were not making it easy for themselves by making it a chasing relay (in two parts with the aggregate time counting), using the Sportident android app combined with some heavily customised Google docs spreadsheets for some of the results generation, and the inclusion of a toll gate in the chasing relay.



The idea of this was that there was a toll gate on the course and competitors were given a single token allowing passage. It was then up to them to decide whether, when, and in which direction to use the token. This turned out to be mostly mind-games: there was really only one plausible use of the token, but the runner was left wondering if there was a better opportunity they had failed to spot (<https://www.ouoc.routegadget.co.uk/rg2/#39&course=1>). The tokens then became fun volunteer mementos at the end of the event.



What was also both interesting and encouraging is that there are more than enough English Universities with active orienteering clubs to justify a championship and quite how many of the participants Laura and I knew, or at least recognised, from our South East region coaching activities. Clearly not all juniors abandon orienteering once they leave the family nest, including a few I'd always put in the "brought by parent(s)" category. Nice to be proved wrong!

Although some of you may think of me as just the man behind the computers, I do also volunteer in other areas, particularly coaching, both in HH and with the SE Junior Squad, and occasionally by planning.

There are many interesting and varied volunteer roles that our sport depends on although I noticed that at the recent Moneyhole Saturday Series event 57 HH members entered (very nearly half the total entry) but less than a third of those helped on the day, so there could be a few of you who have yet to discover the pleasures of serial volunteering. Maybe I'll meet some of you in an assembly area tent one day.

I'm also far from the only serial volunteer in the club, some have been doing so far longer than I and manage to combine volunteering with significant competitive success, so clearly one can have both; I'm still aiming for that perfect clean run one day that maybe will at least put me in sight of the top of the results list.

JK top 10 results

Sprint

M14	10 th	Darrio Mukyiu Tam
M40	5 th	Tom Cochrane
M60	8 th	Simon Errington
M70	3 rd	Alan Rosen
W10	7 th	Orla Cochrane
W10	8 th	Lily Cochrane

Middle

M40L	4 th	Tom Cochrane
M70L	5 th	Alan Rosen
W10A	7 th	Lily Cochrane
W50L	6 th	Helen Marsden

Long

M40L	9 th	Tom Cochrane
W50L	9 th	Helen Marsden

Relays

Women's Short	10 th	HH Chamois
<i>Laura Parkes, Vanessa McMillan, Helen Marsden</i>		

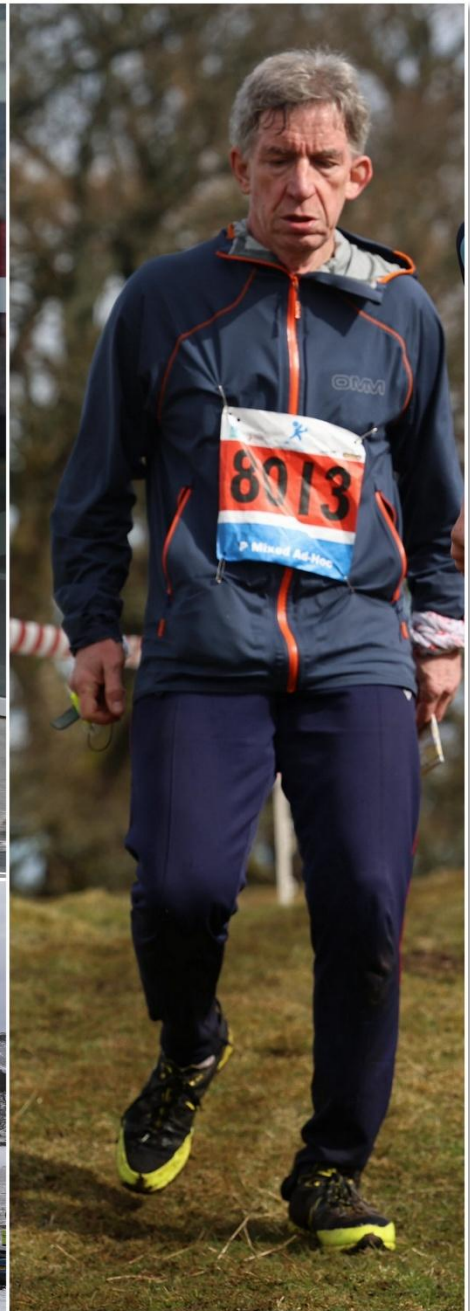
Senior Men 120+	9 th	HH Elk
<i>Tom Cochrane, Mark Adams, Ian Marsden</i>		

Junior Relay (M/W40-)	9 th	HH Ibex
<i>Theo Marsden, Lily Cochrane, Darrio Tam</i>		



JK photos

Despite a good number of HH members being in Scotland for the JK, not many managed to be snapped in the official photos (or I haven't managed to identify you)





City Race Euro Tour 2027 dates

Much earlier than usual, the 2027 dates have been released, with an interesting geographical spread again.

Two UK races (but they are the hardest ones to get good results in!).

Bristol is between Temple Meads and the Harbourside; Leeds is possibly the city centre, with Saturday's race further south around the Dock and Hunslet.



13-14 March	Cadiz	Spain
16-18 April	Szentendre	Hungary
21-23 May	Brac Island	Croatia
4-6 June	Bristol	UK
3-5 July	Kosice	Slovakia
17-18 July	Leeds	UK
25-27 September	Lecce	Italy
2-3 October	Tomar	Portugal
15-17 October	Chisinau	Moldova

Remaining 2026 events:

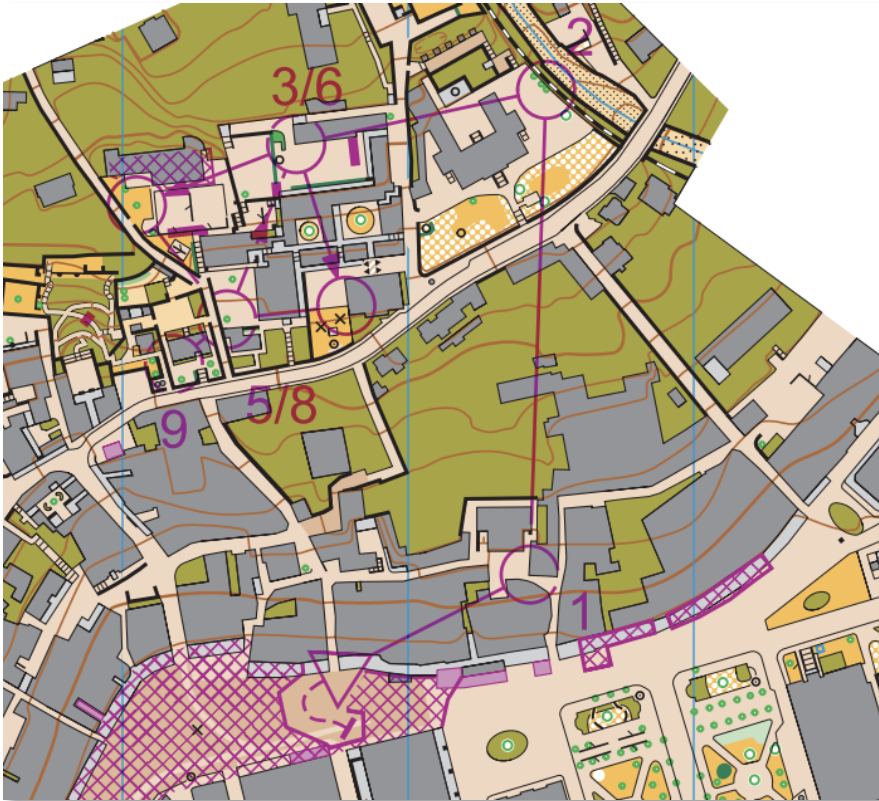
Canterbury	UK	22-24 May [including the SE Sprint Champs on Sunday 24 th , enter before 11 May before the price goes up!]
Bucharest	Romania	5-7 June
Azores	Portugal	3-5 October
Segovia	Spain	24-25 October



WORLD CUP Round 1

As it's an even year, the World Cup and World Champs are sprint events (next year it's back to the forest).

The first World Cup weekend took place last weekend in Locarno, Switzerland, with a Sprint, Sprint Relay and Knock-Out Sprint.



Have a go at the KO Final course.

Note the 'butterfly' starting at control 3 – runners all do the same course overall but half go W to #4, half go SE.

Then all to #5, back to #3 which by now is #6 and do the other control for #7, meeting up again at #8.

Does that make sense? Everybody ends up doing the same legs in the same direction, even if in a slightly different order.

Map flip at #9

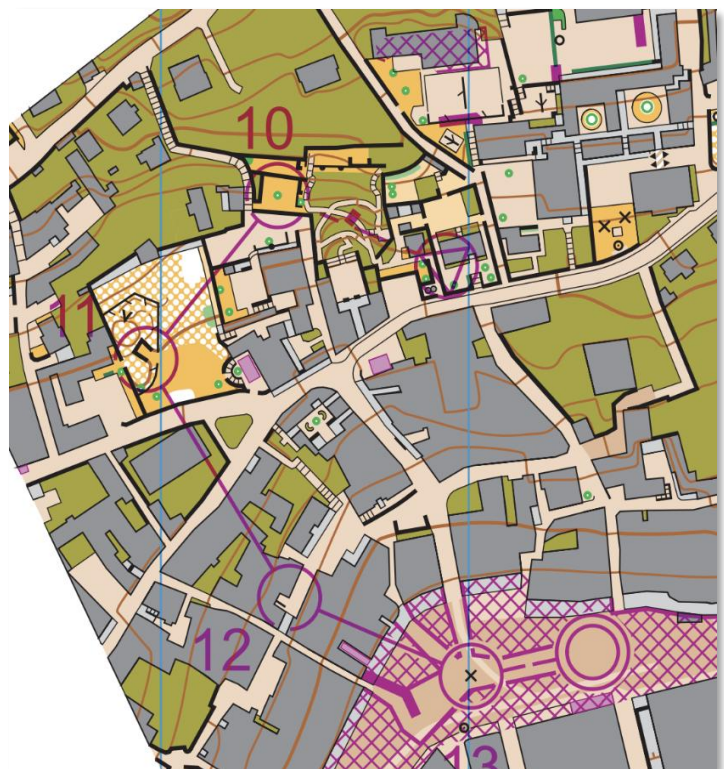
Other World Cups races are in

- Sweden 28-31 May
- Czechia 4-9 Aug
- Lithuania 23-27 Sep

World Champs 6-13 July Italy

You can follow the action at

<https://orienteering.sport/worldcup-page/>



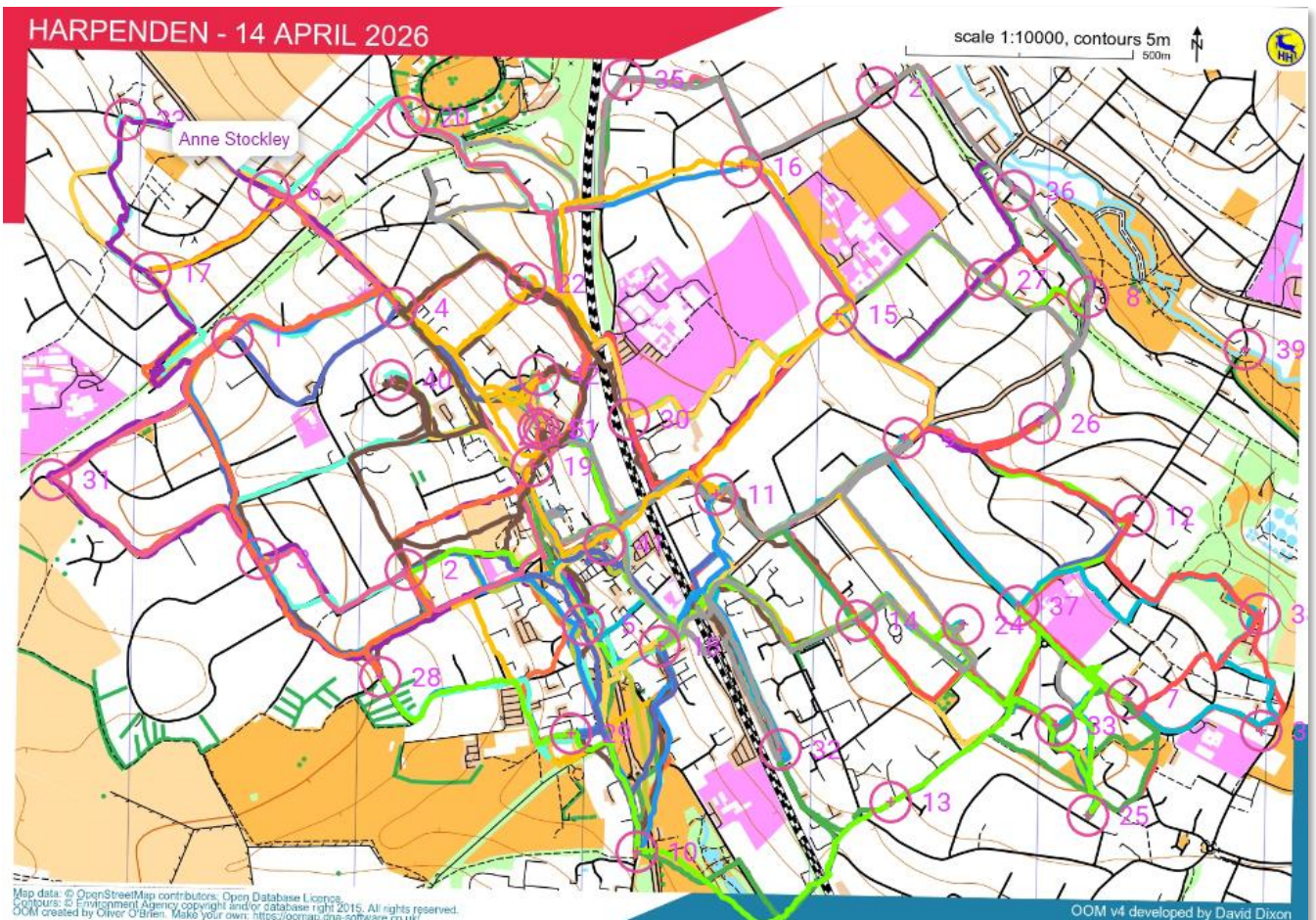


Street-O 2026



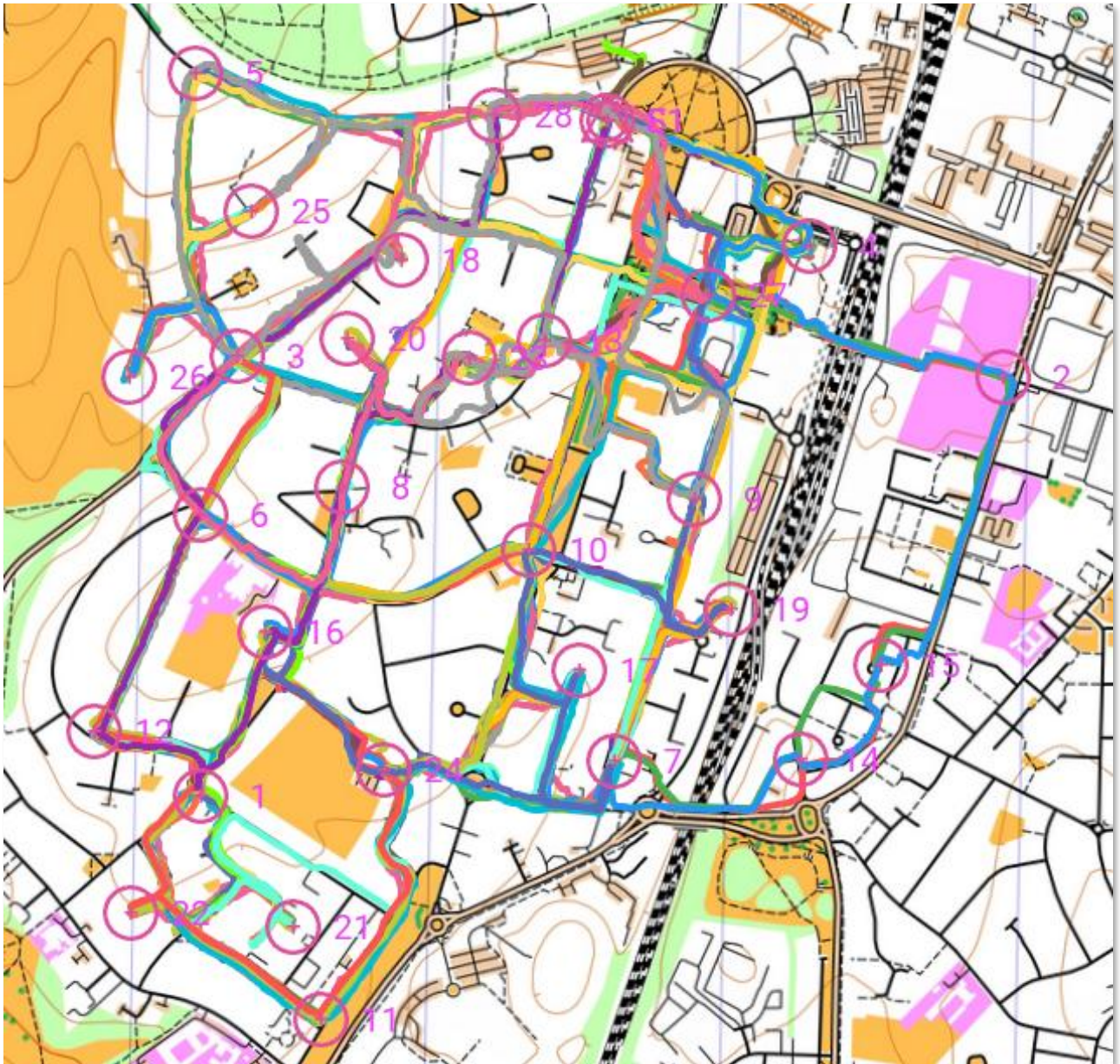
David Dixon, Street-O Coordinator

The 2026 Street-O season has now begun and we've had our first couple of events. The season opened with Ben's course around Harpenden – looking at the routes two people used local knowledge to temporarily escape the map... Just the one lone control at the far West failed to tempt any visitors.





We then moved to Welwyn Garden City for Sarah's course around the centre of the town. Here a number of people were tempted over the railway to visit the lawless East Side – was it worth the deviation for the controls found there?



Great attendance so far!

The next events will be:

- 28 April: Welwyn Garden City South
- 5 May: Watford
- 12 May: London Colney
- 19 May: St Albans
- 26 May: Stevenage East

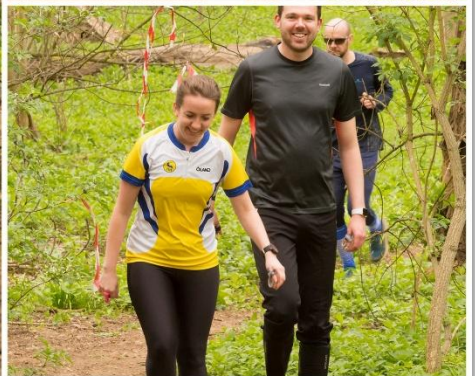
For more details of the series, see last month's newsletter or visit: <https://www.herts-orienteeing.club/fixtures/street-o/>



Saturday Series – Moneyhole Park 11 April

Thanks to David Dixon for the photos







Captain's Niche

Tom Cochrane

BRITISH SPRINT RELAY & BRITISH SPRINT CHAMPIONSHIPS 2026

On behalf of the South West Orienteering Association and Bristol Orienteering Klub, we warmly welcome you to the British Sprint Relay & British Sprint Championships 2026. This year, the British Sprint Relay Championships are being held at the University of Bristol North Campus, and the British Sprint Championships are being held the following day at the University of the West of England.



DATE
SATURDAY 27TH &
SUNDAY 28TH JUNE
2026



LOCATION
UNIVERSITY OF
BRISTOL NORTH
VILLAGE &
UNIVERSITY OF THE
WEST OF ENGLAND



ENTRIES
ENTRIES ARE OPEN!

Entries are now open for **the British Sprint Relay Championships on 27 June** - which should be a fun opportunity to spend an afternoon with your teammates and run in a fun, high quality competition. Please do run. The more the merrier, not least as it makes it easier for me to get people into teams that are right for them!

This year it will be at the **University of Bristol**, combined with the **British Sprint Champs** at the **University of the West of England** the following day.

If you would like to run, please see details of how to enter below. **Please do this by end of May** in order to meet the first entry deadline. If you have a preference as to which class, teammates or leg you'd like to run please let me know at captain@herts-orienteing.club.

The classes are

- Vet (age class 40+)
- Super Vet (55+)
- Ultra Vet (65+)
- Junior (16-)
- Young junior (12-)
- Ad hoc (no age restriction)

Each team must include at least one female runner to be competitive.

There is also an Elite/Open class with four runners, two men and two women.

It is a British Championships, so will be well organised and have a great sense of occasion. The club would be delighted to get as many teams out as we can. Don't worry if the 'Championships' label doesn't appeal, we will be including a mix of teams and there will be a place for you.

If you would like a relay run, this year we are trialling our new entry system. Please enter the 'HH British sprint relay team 2026' events on our Map Reservation page here:

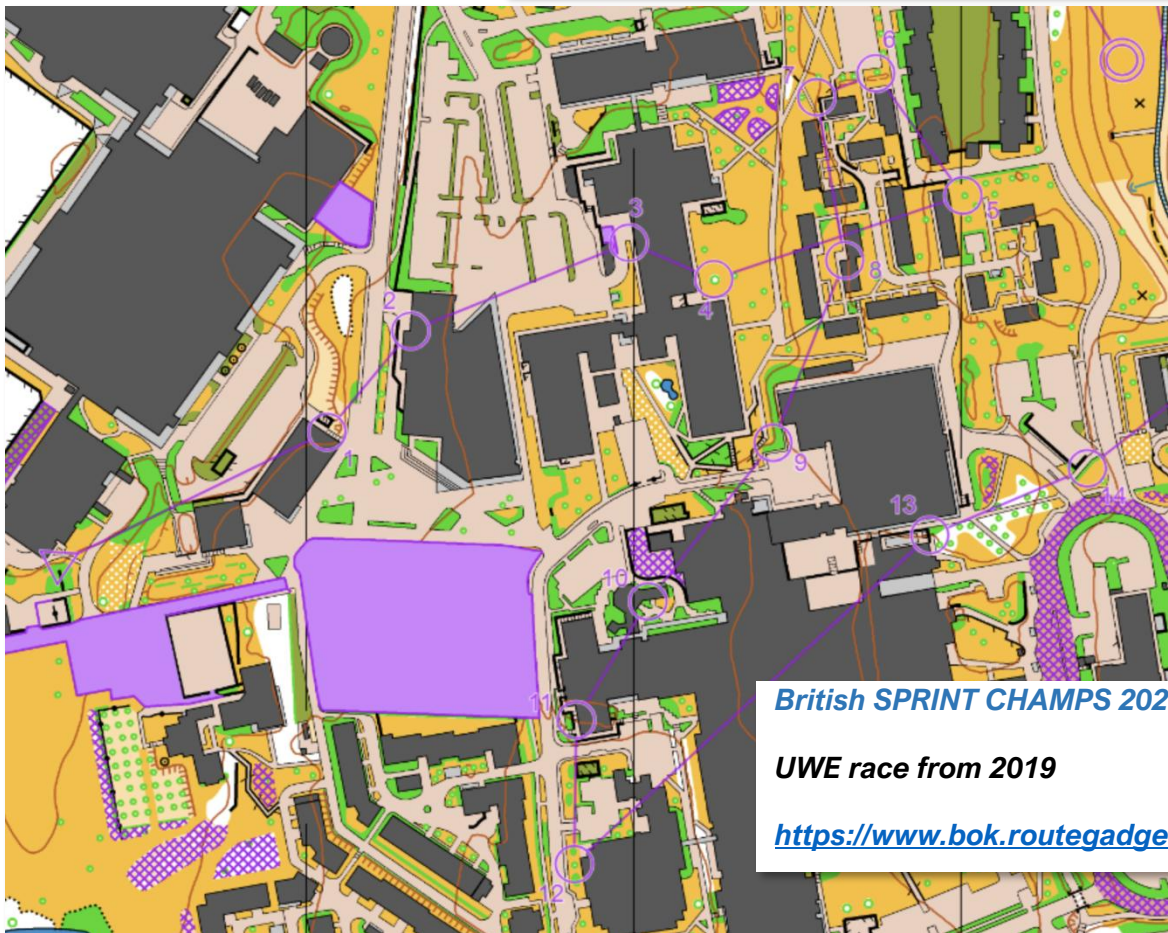
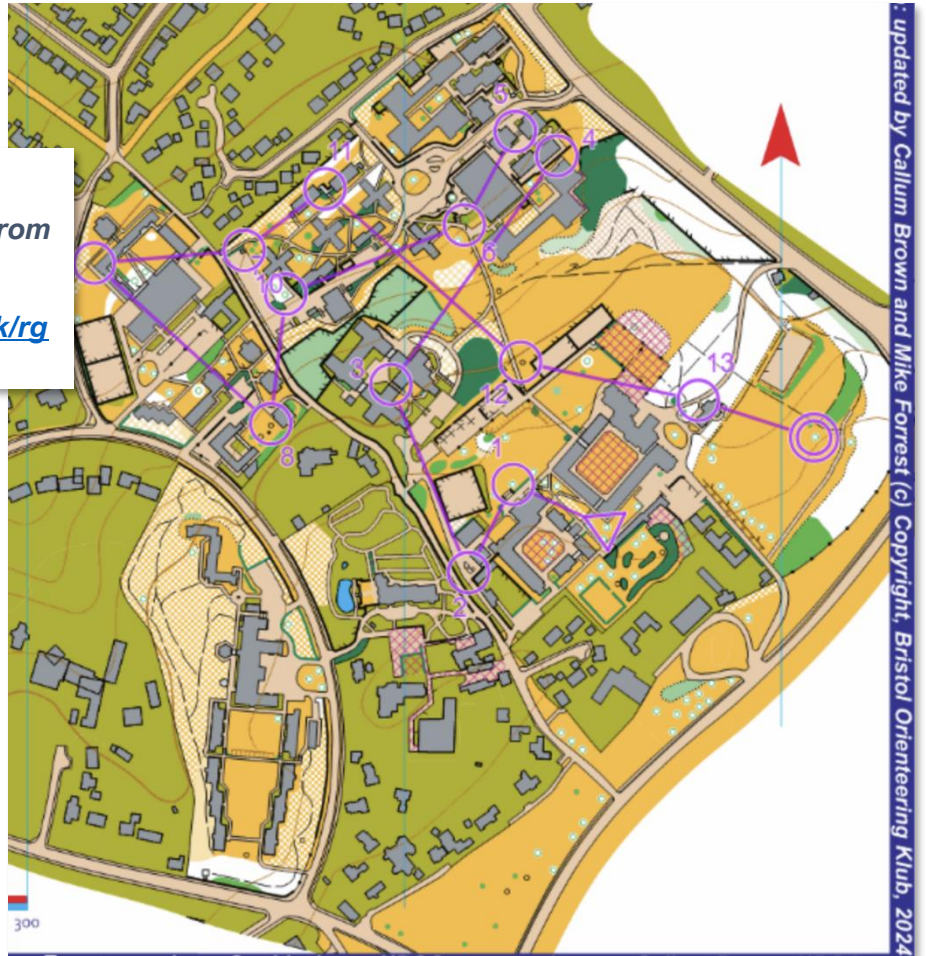
<https://hh.mapreservation.org.uk>



BRITISH SPRINT RELAYS 2026

BOK race at Stoke Bishop Halls from 2024

<https://www.bok.routegadget.co.uk/rg2/#267>



British SPRINT CHAMPS 2026

UWE race from 2019

<https://www.bok.routegadget.co.uk/rg2/#183>



British Middle top 10 results & photos

5th	Theodore Marsden	M14
9th	Ian Marsden	M50
9th	Tunde Farago	W12
10th	Isabel Hawks	W18
4th	Sian Mitchell	W45
3rd	Helen Marsden	W50

Helen's course





Thanks to Ed & Rob Lines for the photos

<https://www.flickr.com/photos/148096286@N05/albums/with/72177720333167014>



ORIENTEERING

for **families** for **runners**

Your kids will drag you back. Come and see!

Fitness gain without pain.



Chipperfield Common 2 May 2026

Start any time 10:00-11:30

Enter online: www.herts-orienteeing.club/fixtures

Adults: £6, Juniors £4, timing chip £1. Discounts for members.
Enter by 26 April to save £2 per entry.

P St Pauls Primary School
WD4 9BS



- ▲ Various courses to suit beginners to experienced orienteers
- ▲ We'll give you a map showing a series of checkpoints for you to visit
- ▲ A timing chip registers each checkpoint. How fast can you go?

www.herts-orienteeing.club

 [hertfordshire orienteeing](https://www.facebook.com/hertfordshire-orienteeing)





Future Events

Here is a provisional list of events from HH and nearby clubs, plus some regional and national competitions that may be of interest.

[fixture lists]

[British Orienteering](#) you can filter by region and club

[WorldofO](#) international fixtures

[Mole Valley](#) user-friendly and includes local & international events

[British Army OC](#) for Wednesday Military League South events

[Ofixtures](#) filter in several ways

[UK Urban League](#)

[Southern England Orienteering Urban League](#)

[UK Orienteering League](#)

[entry systems]

www.fabian4.co.uk

<https://www.sientries.co.uk/>

<https://racesignup.co.uk/>

Date	Event	Area	Club	Level
Sat 02 May	HH Saturday Series Chipperfield	Chipperfield Common	HH	Local
Mon 04 May	SLOW SE League Event	Winterfold	SLOW	National
Tue 05 May	HH Street-O	Watford	HH	Local
Tue 05 May	TVSS 2	Botley	TVOC	Local
Thu 07 May	Summer MapRun League	Aspley Heath	SMOC	Local
Sat 09 May	SO Sunny Sussex Weekend Middle	Friston Forest	SO	Regional
Sat 09 May	SO Sunny Sussex Weekend Evening Sprint	Sovereign Harbour, Eastbourne	SO	Regional
Sat 09 May	TVOC Saturday Series	Cuttleslowe Park, Oxford	TVOC	Local
Sun 10 May	SO Sunny Sussex Weekend National event SEL	Friston Forest north / central	SO	National
Sun 10 May	Chelmsford Urban EA League	Chelmsford	SOS	Regional
Tue 12 May	London Street-O Series	Finsbury Park	SLOW	Local
Tue 12 May	HH Street-O	Hemel North	HH	Local
Tue 12 May	TVSS 3	Great Western Park	TVOC	Local
Wed 13 May	2025-2026 MapRun League	Petersfield / Romsey N	WAOC	Local
Sat 16 May	Park-O	Coldhams Common	WAOC	Local
Sun 17 May	GO Regional, WOW and Yvette Baker Trophy Heat	Farley Heath	GO	Regional



Date	Event	Area	Club	Level
Tue 19 May	LOK Park Race	Finsbury Park	<u>LOK</u>	Local
Tue 19 May	HH Street-O	St Albans	<u>HH</u>	Local
Wed 20 May	TVSS 4	Osney	<u>TVOC</u>	Local
Sat 23 May	Canterbury City Race, City Race Euro Tour, UKUL	Canterbury	<u>SAX</u>	National
Sun 24 May	SE Sprints	Canterbury area	<u>DFOK</u>	Regional
Tue 26 May	HH Street-O	Stevenage	<u>HH</u>	Local
Tue 26 May	TVSS 5	Wallingford	<u>TVOC</u>	Local
Tue 26 May	London Park Series	TBC	<u>SLOW</u>	Local
Tue 02 June	HH Street-O	Baldock	<u>HH</u>	Local
Tue 02 June	TVSS 6	Kidlington	<u>TVOC</u>	Local
Thu 04 June	Summer MapRun League	Aspley Heath	<u>SMOC</u>	Local
Sat 06 June	HH Saturday Series	Highfield Park	<u>HH</u>	Local
Tue 09 June	HH Street-O	Panshanger	<u>HH</u>	Local
Tue 09 June	TVSS 7	Abingdon	<u>TVOC</u>	Local
Tue 09 June	London Park Series	Peckham Rye	<u>SLOW</u>	Local
Sat 13 June	TVOC Saturday Series	University Parks, Oxford	<u>TVOC</u>	Local
Sun 14 June	Baddow Ridge SOS Colour Coded & EA League	TBA	<u>SOS</u>	Regional
Sun 14 June	(Cancelled) SLOW Urban	Kingston	<u>SLOW</u>	Regional
Tue 16 June	CHIG Park Race	Wanstead Flats	<u>CHIG</u>	Local
Tue 16 June	HH Street-O	St Albans NE	<u>HH</u>	Local
Wed 17 June	TVSS 8	Thame	<u>TVOC</u>	Local
Sun 21 June	SMOC Keyne-O 2, Furzton	TBA	<u>SMOC</u>	Local
Tue 23 June	HH Street-O	Rickmansworth	<u>HH</u>	Local
Tue 23 June	TVSS 9	West Wycombe	<u>TVOC</u>	Local
Tue 23 June	London Park Series	Waterloo Parks	<u>SLOW</u>	Local
Sat 27 June	British Sprint Relay Championships	University of Bristol North Village	<u>BOK</u>	Major
Sun 28 June	British Sprint Champs	UWE	<u>BOK</u>	Major
Tue 30 June	LOK Park Race	Alexandra Palace	<u>LOK</u>	Local
Tue 30 June	HH Street-O	Letchworth	<u>HH</u>	Local
Sat 04 July	HH Saturday Series / GLOSS	Croxley Moor	<u>HH</u>	Local
Tue 07 July	HH Street-O	Digswell, Welwyn Garden City	<u>HH</u>	Local
Tue 07 July	London Park Series	Streatham Common	<u>SLOW</u>	Local
Sat 11 July	TVOC Saturday Series	Oxford Brookes Headington Campus	<u>TVOC</u>	Local
Sun 12 July	LOK GLOSS	Scratchwood	<u>LOK</u>	Local
Tue 14 July	HH Street-O	Hemel Hempstead	<u>HH</u>	Local
Tue 21 July	HH Street-O	Stevenage NW	<u>HH</u>	Local
Tue 21 July	London Park Series	Tooting Common	<u>SLOW</u>	Local
Thu 23 July	Summer MapRun League	Aspley Heath	<u>SMOC</u>	Local
Sun 26 July	SN Urban		<u>SN</u>	Regional
Tue 28 July	HH Street-O	Welham Green	<u>HH</u>	Local
Tue 28 July	TVSS 14	Hazlemere	<u>TVOC</u>	Local

Confused by all the orienteering acronyms: SEOUL, UKOL, GLOSS etc? Go to Mole Valley's jargon buster at www.mvoc.org.