# Happy Herts Newsletter 332 *July 2025*



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## **Editor's Spur**

Alan Rosen newsletter@herts-orienteering.club

In Scandinavian countries, they don't have lots of events during the winter because so many areas are under snow for several months. We do the complete opposite, relishing forests which are at their most runnable in the winter and we have far fewer forest/non-urban events during the summer. It's good to see the range of alternative events available to us now – street-O, sprints, urbans, city races etc - which don't have bracken above head height with brambles and nettles above gaiter height. Make the most of it!



### **Forthcoming HH events**

| Date                                  | Event  | More Info                     |
|---------------------------------------|--|-------------------------------|
| <b>Tue 1 Jul 25</b><br>19:00 - 20:00  | Street-O Evening Score – Baldock                         | Event Details Location        |
| <b>Sat 5 Jul 25</b><br>10:00 - 12:45  | Haileybury - Beginners & newcomers welcome               | Event Details Location        |
| <b>Tue 8 Jul 25</b><br>19:00 - 20:00  | Street-O Evening Score – St Albans South                 | Event Details<br>Location     |
| <b>Tue 15 Jul 25</b> 19:00 - 20:00    | Street-O Evening Score – Hatfield North                  | Event Details<br>Location TBC |
| <b>Sat 19 Jul 25</b><br>10:00 - 13:00 | Mardley Heath – Course Planning:<br>Training course      | Event Details<br>Location     |
| <b>Tue 22 Jul 25</b> 19:00 - 20:00    | Street-O Evening Score – Harpenden                       | Event Details<br>Location TBC |
| <b>Tue 29 Jul 25</b> 19:00 - 20:00    | Street-O Evening Score – Stevenage North                 | Event Details<br>Location     |
| <b>Tue 5 Aug 25</b><br>19:00 - 20:00  | Street-O Evening Score – Stotfold                        | Event Details<br>Location TBC |
| <b>Tue 12 Aug 25</b><br>19:00 - 20:00 | Street-O Evening Score – Welwyn Garden City<br>Southeast | Event Details Location        |
| <b>Tue 19 Aug 25</b> 19:00 - 20:00    | Street-O Evening Score - WGC Central                     | Event Details<br>Location TBC |

For the most up-to-date fixtures, go to <a href="https://www.herts-orienteering.club/fixtures/">https://www.herts-orienteering.club/fixtures/</a>

### **Newsletter Articles Wanted**

We are always on the look-out for contributions to this newsletter. Please consider submitting anything orienteering-related, for example reports from events you've attended, orienteering tips & tricks, photos, equipment reviews...

Please send material to Alan <u>newsletter@herts-orienteering.club</u>. Copy dates are typically a few days before the end of the month; for the **August** edition it is by the end of **Monday 28 July.** 

### Does this Newsletter reach everyone in your group/family?

Do you forward this Newsletter and other HH communications to other HH members in your group/family when it appears in your inbox?

If so, suggest they click on this link and they can get their very own copy!

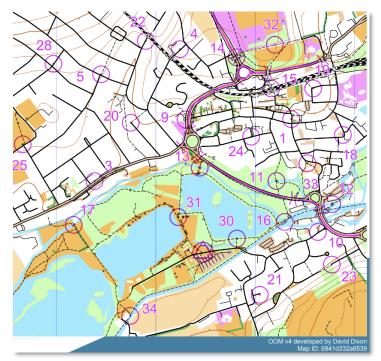
https://www.herts-orienteering.club/members-section/keep-up-to-date/sign-up-to-the-hh-email-group/



### **Chair's Chat**

Ben Bardsley <u>chair@herts-orienteering.club</u>

### Street-O



Part of the Rickmansworth map

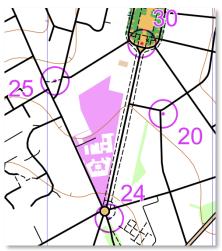
My personal highlight was coming across Britain's first ever roundabout in Letchworth (next to control 24 on this map extract). Hopefully the weather will stay good for second half of the season. Do try and get out for these if you can, especially if they're near your area and thanks to all the organisers plus David of course for delivering an excellent series.

### **GLOSS**

One of the traditional events of the orienteering year is upon us with the beginning of the Greater London Orienteering Summer Series (GLOSS).

Last week saw the 9th Street-O event of this year's season – pretty much the halfway mark and it has been a vintage year of Street-O so far. Other than a slight dampness at the Shenley event, the weather has been dry and warm (almost too warm on a couple of occasions), leading to some excellent turnouts at some old and some new locations.

We've had some interesting challenges, from the small, but dense, Shenley, with its tricky and narrow paths to the scenic Aquadrome of Rickmansworth.



The world's first roundabout by #24

HH's contribution this year is at a brand new venue for the Saturday Series at <u>Haileybury</u> which Simon has mapped. Do give the event a try. You can even make your decision of whether to do the longer course as late as the end of the first page of the map when you have to decide whether to finish or carry on over the page.

As well as being an individual event, GLOSS is a team event so do try and get to the other events as well as Haileybury and contribute to HH's score. Can we beat serial winners HAVOC?...

Here is the link to the series information: https://londonorienteering.co.uk/gloss-2025/



### **Yvette Baker Trophy Final**

Good luck to all the HH Juniors who will be taking part in the Yvette Baker Trophy Final on 6<sup>th</sup> July. HH has a good recent record in the YBT and with the event in the South-East again this year (after HH hosted last year's final at Northaw), we have a chance for another good turnout and performance. Thanks to Jennie and Alex for organising the team and I hope all our juniors enjoy their run.

### **Find Your Way Events**

Last year, HH collaborated with BOF to run Find Your Way starter events in some new locations (Norton Common, Wardown Park, Stanborough, Whippendell Woods and Fairlands Valley Park). This year, although BOF are no longer promoting the programme, the courses are still available and therefor we're planning to run some of the events again in August. There will be an opportunity for those who would like to help at any of these to do so. The exact dates are to be confirmed but they'll likely be Saturdays in August. Please get in touch



with me (<a href="mailto:chair@herts-orienteering.club">chair@herts-orienteering.club</a>) if you'd like to help at one of these – a chance to help promote orienteering and HH to some newcomers. Here are the links to the courses: <a href="https://www.findyourwayvo.org.uk/herts/maps">https://www.findyourwayvo.org.uk/herts/maps</a>

### Captain's Niche

Tom Cochrane

### **British Sprint Relay Championships - RAF Honington - Saturday 30 August**

Entries are now open for the British Sprint Relay Championships - which should be a fun opportunity to spend an afternoon with your teammates and run in a fun, high quality competition. Please do run. The more the merrier, not least as it makes it easier for me to get people into teams that are right for them!

If you would like to run, please let me know at <u>captain@herts-orienteering.club</u> by **20 July** in order to meet the first entry deadline, including any preference for which class you run. The options are:

- Vet (age class 40+)
- Super Vet (55+)
- Ultra Vet (65+)
- Junior (16-)
- Young junior (12-)
- Ad hoc (no age restriction)

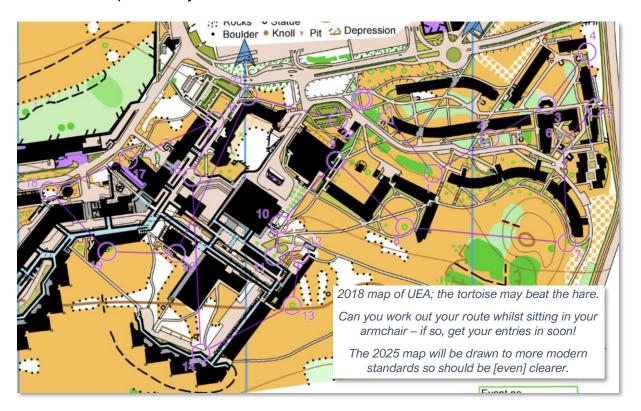
Each team must include at least one female runner to be competitive.



There is also an Elite/Open class with four runners, two men and two women.

It is a British Championships, so will be well organised and have a great sense of occasion. The club would be delighted to get as many teams out as we can. Don't worry if the 'Championships' label doesn't appeal, we will be including a mix of teams and there will be a place for you.

You can combine this with the **British Sprint Championships** the following day, Sunday 31 August, at the University of East Anglia. They are also offering university accommodation for those wanting to make a weekend of it It promises to be a great weekend - I hope to see you there!



### Save the date(s) - club socials

We have decided to hold a club social on **Sunday 17 August**. It will be at **Fairlands Valley, Stevenage**, start time around 11am.

Dawn Figg has kindly offered to plan a 'Quest-O' event to kick things off. You will need to use a combination of orienteering skills to find controls and solve puzzles and escape room type clues to work out which control to visit next!

At the end, your answers to each clue will add together to give you a code - will that code open the box at the finish and win you a prize...? Afterwards, we will have a club picnic. Full details to follow.

Please email captain@herts-orienteering.club if you would like to come along - we'd love to see loads of you there!

Also, with 44 HH entries at the **Scottish 6-days**, we will hold a **club get-together** there. This will probably be on the rest day (**Wed 30 July**) - details TBC.



### Street-O 2025

David Dixon street-o@herts-orienteering.club



The 2025 Street-O season is in full swing! Since the last newsletter we've been to Dave Tookey's course around Redbourn (hot), Allard's course around Letchworth (hot), Tim Bywater-Lees' course around Rickmansworth (hot) and Mike Trotman's course around Albans SE (also hot).

After 9 events, we can take an early look at the various competitions - first the highest scoring men and women (best 8 events):

The clean sheet award (most number of points without ever exceeding 45 mins):

| `               | ,      |                      |       |
|-----------------|--------|----------------------|-------|
|                 |        | Name                 | Score |
| Name            | Points | Rob Casserley        | 2280  |
| Oliver Bardsley | 790    | Gergely Farago       | 2040  |
| David Dixon     | 787    | Helen Satterthwaite  | 1760  |
| Ralph Dadswell  | 749    | Grace Mackintosh Sim | 1680  |
| Ben Bardsley    | 747    | Andrea Hampanijad    | 1600  |
| Rachel HH       | 729    | Hedley Calderbank    | 1460  |
| Nicola Trotman  | 697    | Dave Allard          | 1360  |
| Keith Verralls  | 672    | 2 4 1 0 7 11141 4    |       |
| Tony Harden     | 668    | Jamie Graham         | 1040  |
| Daniel Hitch    | 662    | Eliza Hermann        | 920   |
| Emese Svab      | 612    | David Tookey         | 840   |
|                 |        | I                    |       |

Finally, the efficiency award, for the highest Here are the upcoming events for July: number of points per km travelled (best 5 events):

| Name            | Efficiency |             |                                 |                       |
|-----------------|------------|-------------|---------------------------------|-----------------------|
| Oliver Bardsley | 70.2       | Tue 1 July  | Baldock                         | <b>Event Details</b>  |
| Sarah Dixon     | 66.6       |             | <b>6</b> / <b>1</b> // <b>6</b> |                       |
| David Dixon     | 62.5       | Tue 8 July  | St Albans S                     | Event Details         |
| Ben Bardsley    | 62.3       | Tue 15 July | Hatfield N                      | Event Details         |
| Emese Svab      | 61.7       | rue 13 July | nathera N                       | <u>Everit Details</u> |
| Ralph Dadswell  | 59.6       | Tue 22 July | Harpenden                       | Event Details         |
| Rob Casserley   | 59.6       |             | •                               |                       |
| Kerria Lines    | 59.0       | Tue 29 July | Stevenage N                     | <b>Event Details</b>  |
| Nicola Trotman  | 58.9       |             |                                 |                       |
| James Errington | 58.6       |             |                                 |                       |

Missed an event but would like to have a go at a time that suits you? No problem – go to the event results page and find the link to download the map. This has a link to the MapRun course and all the other details you need.



### **The Harvester Relays**

[The first Harvester was in 1978 in Eccleshall Woods, Sheffield (HH was there!). It was set up by Combined Harvesters, a club made up of former pupils of two schools to 'harvest' trophies. They wanted to emulate the massive through-the-night relay competitions from Sweden (the Tio Mila – around  $300 \times 10$ -person teams – started in 1945) and Finland (Jukola – around  $1500 \times 7$ -person teams; started in 1949, the biggest o-relay in the world. HH has been there with Ronan and Julie Cleary organising 'LOK and friends' teams for many years).]

# Like London buses, you hope for one article to appear and suddenly two arrive! Here are Dawn's and Simon's reports

### Dawn Figg reports...:

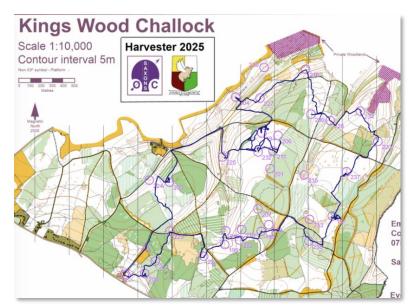
It's 2am and the alarm on my phone is getting increasingly insistent and rowdy. I fumble around in the unfamiliar room, struggling to find the light switch and silence the alarm. Already in O kit, bags and drinks by the door, it takes only minutes to be in the car and driving off to King's Wood.

Danny enters the postcode in the satnav and everything seems to be going to plan. Twenty minutes later we have "arrived", according to the satnav, but there is no sign of a wood or even one orienteer. I pull slightly off the road and instantly a police van pulls up alongside. Fearful of being arrested and never making it to the handover pen, I gabble about being lost and looking for King's Wood. The police look blank until I add Challock to the address, then they send me back the way we came. A few minutes later and Danny has found the wood on his phone and we are doing another U turn to a lane 20m on from where I had originally stopped.

As we arrive I am struck by how understated the whole thing is. A few orienteers are warming up in the car park. There is one small tent housing registration and download and two portaloos. The familiar canvas village of tents clustered in club areas is

missing, as is the illuminated start and the traders plying us with caffeine and bacon baps.

I know Laura will be out on first leg, but think I might find Simon or see him in the No sign of handover pen. and not much anyone expectation of any incoming runners amongst the waiting group. Listening to the chat it seems that the "fast, runnable forest" that Simon told us about swallowing is up



Simon's route, click on the map to jump to Routegadget



runners and refusing to return them.

There are two radio controls out on course feeding back runners' times to pre-warn next leg runners. Doubtful of quite how this works and what I'm looking for I opt to wait in the handover pen. An hour later I am delighted/relieved to see Simon running in. It is now going to be quite light for my leg but the head torch is helpful under the trees.

There is a long run out to the start kite and the dark silence of a seemingly empty wood. I spend most of my course trying to get into the mapper's head and work out how he decided some areas were white and others were green. I fail miserably and go round some green areas that turn out to be runnable, and flounder across some white areas in head high bracken. There is one short spell of wandering in circles trying to find a depression in the bracken, and a quick double back when I hit the run in tapes but haven't seen the last control.

As I approach the finish, I see Ian running back up the warmup area to the start. It crosses my mind that he really doesn't have to run that fast because I can't run at that speed. It turns out that I didn't show up on the pre-warning control and he is making

a valiant effort to register and collect his map in time!

As Ian heads off it's time to wake Danny for the final leg. Simon is keeping me updated with how we are doing, and for a brief time we are third before settling into fourth place maintained by solid runs from Ian and Danny.

Afterwards. much of the discussion centres on "THE tree" - a distinct tree in a large area of featureless white forest which consistently eluded orienteers' approaches from various attack points. lan bucked the trend and spiked the control first time.

Finally, (blame sleep deprived mania) we all head off to do some more orienteering at the GLOSS event in Hornchurch Park.





### In the Heat of the Night – Harvester Trophy Relays 2025

### Simon Errington reports

The Harvester Trophy Relays originally had just a single class with seven legs starting at around 23.00 and finishing for the leaders at around 6.00 the next morning. It has always been quite an achievement to get a team round. I ran in a school team that managed it at Caesar's Camp (now better known as Long Valley) in1979, and was in the LOK team that won the race in 1986 at Sutton Park. A second class with only five runners was added to make it slightly easier to get teams, but it has always been a niche event in a niche sport. 2001 didn't happen because of Foot and Mouth, and then more and more years were missed until the 2018 event at Tilgate Forest was the last time it had happened.

CompassSport Editor Nick Barrable convinced JOK that it was something of value and an event worth saving and so it reappeared in the calendar this year at Challock near Ashford in what was promised to be "amongst the best woodland in the South which provides the rare ability to run straight on a bearing with a clear and accurate map in white forest as well as providing plenty of map interest and contour detail." Nick's other memorable contribution then turned out to be not being at the event since he was still in Stockholm following the birth of his daughter the day before. Scott Collier bravely stepped in to run things on the night.

Seven HH runners initially decided they needed a piece of the action in response to Tom Cochrane's appeal for runners. This was soon reduced to five when the reality of fitting runners to available leg lengths became clear (an eternal Harvester problem for team captains), but luckily this left us with a Handicap team on the B class. After some further juggling we settled on a running order of Laura Parkes, Simon Errington, Dawn Figg, Ian Byford and Danny Figg. My magic spreadsheet complete with "fast", "best guess" and "slow" predictions suggested we could manage five hours, but certainly no longer than just over six hours. Danny and I both ran the JOK Chasing Sprint at Addington Hills on the Saturday afternoon to warm up. This proved slightly unnecessary since the overnight temperature never got below about 16°C.

Laura and I met up at the car park at around 20.00 and soon ended up helping to build the arena, tape the run-in, erect the download tent and whatever else needing doing. What evolved was quite a nice layout for the small numbers involved but we were definitely making it up as we went along. There was some concern as a larger and larger group of people started meeting up in the car park armed with binoculars and clipboards. They turned out to be looking for nightjars and happily would be well gone before the race started.

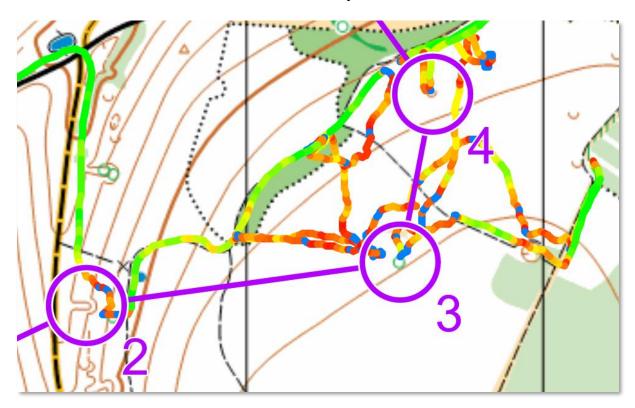
All the young men and even more old men lined up for the start of the A race at midnight and the small band of spectators cheered as 10 headlights disappeared down the hill and into who knew what. It became apparent that times were not going to be quite as quick as people had been expecting. By 1.30 when Laura lined up for the start of the B race only three teams had managed to get round what was meant to be under 8km on Lap 1 of the A race. The two radio controls gave some indication of what was going on and confirmed it wasn't going on very fast. This wasn't helped in



that quite a lot of people didn't get reported so you were left in despair at how badly a runner was doing only to find them on the run-in.

Laura reappeared after 81 minutes having had a solid run that was spot on my estimate of her "slow" time. And so I set off to see quite how nice or nasty the forest really was. Following the path network to control 1 proved quite difficult at night and there was then some thrashing around in deep bracken to find the depression. The very long path route to control 2 suddenly looked much more attractive and proved OK and the control appeared as expected.

And then we come to control 232 on the distinctive tree. Or rather we don't come to control 232 on a non-distinctive tree in a large block of sweet chestnut. My first attempt was a 150m compass bearing from a path junction. I paced in, got to where I thought it should be, had a brief run round but saw nothing. Let's do it again I thought as I headed out to another path junction and another 150m compass bearing in. Still no joy, although there was a small party going on as people searched and we did find quite a distinctive sweet chestnut. I was running out of attack points now, but I headed for a large depression to the east to have another go. Finding this depression proved non-trivial but eventually it appeared and a further 100m pacing down a path followed by 70m in on a bearing brought me to the distinctive sweet chestnut again. But just beyond it there turned out to be a tree with a control on it. That was a 300m leg. It took me 18:47 and I ran 1.9km. My GPS shows that after 3:30 I was within 20m of it and then again after 11:00. Unsurprisingly I was not the only person who had a little problem here. And unsurprisingly I also then missed the next control which was a small depression in the middle of nowhere. This may well turn into the greatest story ever told as more and more people explain how they managed to lose quite so much time here. It simply shouldn't have been used as a control at night, and it probably shouldn't have been used as a control in the day either.





The rest of the course passed with a scattering of further minor problems and was accompanied by birdsong as dawn broke. We had moved from sixth to fourth as Dawn set out on what wasn't a night leg after all. She pulled us up to third but there was then a minor panic since lan wasn't quite ready at the changeover. Dawn was one of the people who never showed up on the radio controls, so lan was left trying to rush through map collection and clear his SI card as Dawn offered helpful advice ("hurry up"). Ian had a steady run with a minor wobble right at the end where he was overtaken so he finished with the team in fourth place. Danny held on, despite having nearly as much trouble as me with the famous non-distinctive tree, so we ended up in fourth behind teams from SAXONS, SN and MV. Laura, Dawn and Ian manage to get round in my estimated "slow" time, and Danny and I were a bit slower than that so we finally finished in just over seven hours 20 minutes. Overall it was a really good team performance.

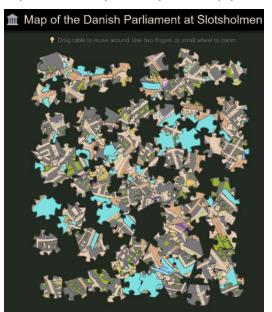
It looks like next year may be in the Edinburgh area organised by EUOC. I was interviewed after my race (!) by HH member Sam Fielding as part of the efforts they are putting in to generate some publicity. Start planning now for a midsummer trip to Scotland.

Some of you will have spotted that the title of this piece is a Sidney Poitier film. I very nearly went for a full report with further hidden references. Shouldn't be too hard to slip in "No Way Out", "Go Man Go", "Edge of the City", "The Defiant Ones", "A Raisin in the Sun", "The Lost Man", "Uptown Saturday Night". Or maybe I already have added a few. Can you find the five I managed to get in?

### Online o-jigsaw puzzle

Seen on <a href="https://www.facebook.com/groups/orienteeringmappersint">https://www.facebook.com/groups/orienteeringmappersint</a>

https://zebraescapes.com/puzzle/map-parliament



https://zebraescapes.com/puzzle

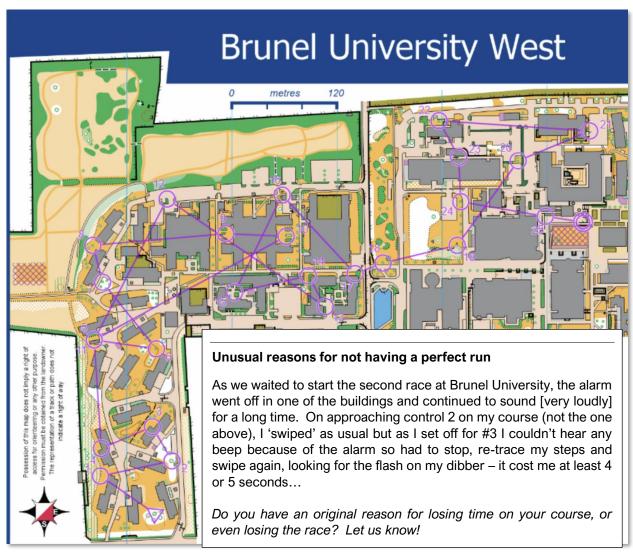




### SE Sprint Champs – 1 June – Brunel University

Two enjoyable runs round Brunel with fast and furious courses to keep you thinking.

| Top ten pla | aces |                | Morning Afternoon |              | noon        | Total        |            |       |
|-------------|------|----------------|-------------------|--------------|-------------|--------------|------------|-------|
| M14-16      | 6th  | Csongor Farago | M14               | 19:06        | 5th         | 21:04        | 6th        | 40:10 |
| M18-40      | 7th  | Daniel Hodson  | M21               | 14:49        | 9th         | 15:27        | 8th        | 30:16 |
| M45-55      | 1st  | David Dixon    | M50               | 14:56        | <u>1st</u>  | 16:01        | 2nd        | 30:57 |
| M60-65      | 2nd  | David Hodson   | M60               | <u>11:48</u> | <u>1st=</u> | 13:32        | 2nd        | 25:20 |
|             | 7th  | Mark Adams     | M60               | 13:09        | 5th         | 16:03        | 7th        | 29:12 |
| M70+        | 2nd  | Alan Rosen     | M70               | 13:57        | 3rd         | <u>15:56</u> | <u>1st</u> | 29:53 |
|             | 7th  | Paul Langston  | M70               | 16:08        | 8th         | 20:24        | 9th        | 36:32 |
| W10-12      | 1st  | Tunde Farago   | W12               | 06:44        | <u>1st</u>  | 07:20        | <u>1st</u> | 14:04 |
| W14-16      | 3rd  | Niamh Mitchell | W14               | 17:38        | 2nd         | 22:41        | 3rd        | 40:19 |
| W45-55      | 3rd  | Sian Mitchell  | W45               | 16:43        | 4th         | 17:59        | 3rd        | 34:42 |
| W60-65      | 2nd  | Viv Hodson     | W60               | 15:57        | 2nd         | 19:15        | 2nd        | 35:12 |
|             | 4th  | Eliza Hermann  | W60               | 17:07        | 4th         | 20:34        | 5th        | 37:41 |
| W70+        | 1st  | Janet Rosen    | W70               | <u>16:29</u> | <u>1st</u>  | <u>18:23</u> | <u>1st</u> | 34:52 |



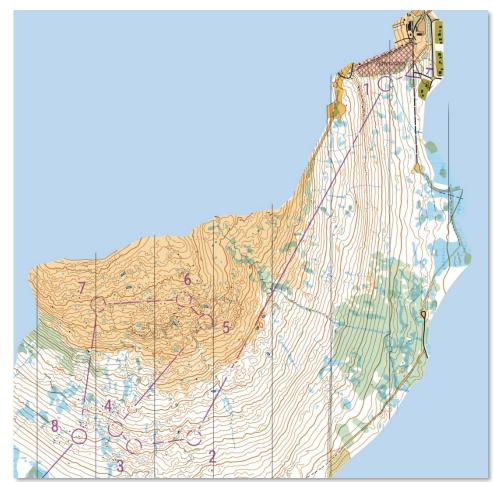


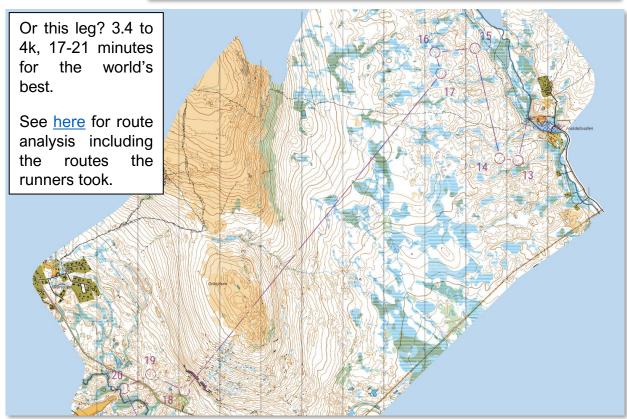
### World Cup Round 1 in Sweden - long legs...



How would you like to run this leg? 2.3 to 3k depending on your route, 13-15 minutes for the world's best.

See <u>here</u> for route analysis including the routes the runners took.







# **Saturday Series - Moneyhole, 7 June 2025**

Thanks to Neil for the photos



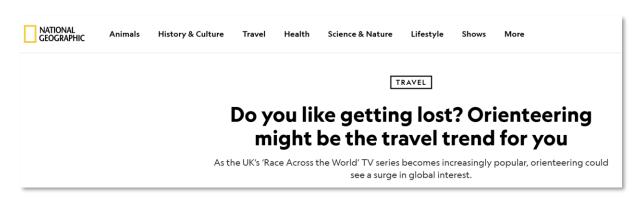


### Neil's crossword clue

Otherwise engineer it differently for outdoor activity (12)

Answer here

### How others see us...



https://www.nationalgeographic.com/travel/article/could-orienteering-be-the-next-big-thing-in-travel

### **Future Events**

[fixture lists]

British Orienteering you can filter by region and club

WorldofO international fixtures

Mole Valley user-friendly and includes local &

international events

British Army OC for Wednesday Military League

South events

Ofixtures filter in several ways

**UK Urban League** 

Southern England Orienteering Urban League

**UK Orienteering League** 

[entry systems]

www.fabian4.co.uk

https://www.sientries.co.uk/

https://racesignup.co.uk/



# **Future Events**

Here is a provisional list of events from HH and nearby clubs, plus some regional and national competitions that may be of interest.

| Date             | Event                                    | Area                                      | Club        | Level    |
|------------------|--|---|-------------|----------|
| Tue 01 July      | LOK Park Race Series Highgate Woods      |   | LOK         | Local    |
| Tue 01 July      | HH Street-O                              | Baldock                                   | <u>HH</u>   | Local    |
| Tue 01 July      | TVSS 10                                  | South Oxford                              | TVOC        | Local    |
| Sat 05 July      | HH Saturday Series & GLOSS event         | Haileybury                                | <u>HH</u>   | Local    |
| Sun 06 July      | Yvette Baker Trophy Final                | Capite Wood,<br>Ashington, West<br>Sussex | <u>SO</u>   | National |
| Sun 06 July      | CHIG GLOSS                               | Fairlop Waters                            | CHIG        | Local    |
| Tue 08 July      | SLOW Park Race Series                    | Dulwich Park                              | SLOW        | Local    |
| Tue 08 July      | HH Street-O                              | St Albans Central                         | HH          | Local    |
| Wed 09 July      | WAOC 2025 Summer<br>MapRun League        | Stourbridge Common                        | WAOC        | Local    |
| Sat 12 July      | Urban Event – EuroCity<br>Weekend (UKOL) | The Meadows                               | NOC         | National |
| Sat 12 July      | TVOC Saturday Series                     | Wittenham Clumps                          | TVOC        | Local    |
| Sun 13 July      | LOG EuroCity Race – Urban (UKOL)         | Lincoln                                   | LOG         | National |
| Tue 15 July      | HH Street-O                              | Hatfield                                  | <u>HH</u>   | Local    |
| Thu 17 July      | SMOC Summer MapRun<br>League 4           | Aspley Heath                              | SMOC        | Local    |
| Sun 20 July      | LOK GLOSS Summer Event                   | Harmonsworth                              | LOK         | Local    |
| Sun 20 July      | Summer series Urban – regional           | Birch Hill & South Hill Park              | <u>BKO</u>  | Regional |
| Tue 22 July      | SLOW Park Race Series                    | Clapham Common                            | <u>SLOW</u> | Local    |
| Tue 22 July      | HH Street-O                              | Harpenden                                 | <u>HH</u>   | Local    |
| Wed 23 July      | WAOC 2025 Summer<br>MapRun League        | Quy Fen                                   | WAOC        | Local    |
| Tue 29 July      | HH Street-O                              | Stevenage                                 | <u>HH</u>   | Local    |
| Tue 05 August    | HH Street-O                              | Stotfold                                  | <u>HH</u>   | Local    |
| Sat 09 August    | Milton Keynes Urban                      | Great Linford                             | SMOC        | Regional |
| Tue 12 August    | HH Street-O                              | Welwyn Garden City<br>Southeast           | <u>HH</u>   | Local    |
| Sat 16 August    | Goldsworth Park Urban                    | Goldsworth Park Urban                     | <u>SN</u>   | Regional |
| Tue 19 August    | HH Street-O                              | Welwyn Garden City<br>Central             | <u>HH</u>   | Local    |
| Wed 20 August    | WAOC 2025 Summer<br>MapRun League        | Littleport                                | WAOC        | Local    |
| Sat 23 August    | SMOC Summer MapRun<br>League 5           | Rushmere Country<br>Park                  | SMOC        | Local    |
| Sun 24 August    | MV Urban Event                           | Epsom                                     | MV          | National |
| Tue 26 August    | HH Street-O                              | Welwyn Village                            | <u>HH</u>   | Local    |
| Sat 30 August    | British Sprint Relay<br>Championships    | RAF Honington                             | EAOA        | Major    |
| Sun 31 August    | British Sprint Championships (UKOL)      | University of East<br>Anglia              | EAOA        | Major    |
| Sat 06 September | HH Saturday Series                       | Jersey Farm                               | <u>HH</u>   | Local    |



| Date             | Event   | Area            | Club  | Level    |
|------------------|---|-----------------|-------|----------|
| Sun 07 September | Midlands Championships                          | Chinley Churn   | DVO   | National |
|                  | (UKOL)  |                 |       |          |
| Sat 13 September | TVOC Saturday Series                            | Waddesdon Manor | TVOC  | Local    |
|                  |   | (TBC)           |       |          |
| Sat 13 September | WAOC 2025 Summer Park-O Coe Fen and             |                 | WAOC  | Local    |
|                  | MapRun League                                   | Lammas Land     |       |          |
| Fri 19 September | CoL W/E event                                   | Greenwich Park  | DFOK  | Regional |
| Sat 20 September | SLOW City of London Race                        | tba             | SLOW  | National |
| Sun 21 September | CoL W/E event                                   | Hampstead Heath | LOK   | Regional |
| Sat 27 September | TVOC Urban Regional Event                       | Wantage         | TVOC  | Regional |
| Sun 28 September | HAVOC East Anglian League   Epping Forest South |                 | HAVOC | Regional |
|                  | and SWELL                                       | West            |       |          |

Confused by all the orienteering acronyms: SEOUL, UKOL, GLOSS etc? Go to Mole Valley's jargon buster at <a href="https://www.mvoc.org">www.mvoc.org</a>.

### **Puzzle Solution**

Otherwise engineer it differently for outdoor activity ...

Otherwise = OR

+

engineer it

=

eeegiinnorrt

...differently means rearrange the letters to make an

outdoor activity

Back to puzzle

